



<https://simtk.org/home/opensim>

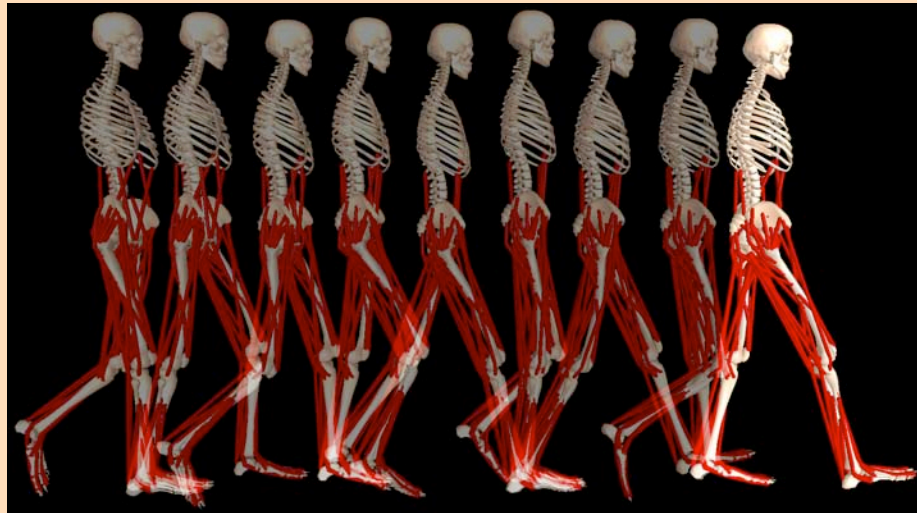
Supported by NIH R01HD046814 and Roadmap grant U54GM072970



What can you do with musculoskeletal models?

Visualize complex movement patterns

Estimate forces that are difficult to measure



Perform “what if” studies

Identify cause-effect relationships

Problems with current paradigm

- Difficult to reproduce results of simulation papers
- Commercial codes valuable but not extensible
- Cost of commercial limits use in teaching
- Building your own is a challenge
- Difficult to bring your innovations to the world
- Continuity is lost when students graduate
- Isolation

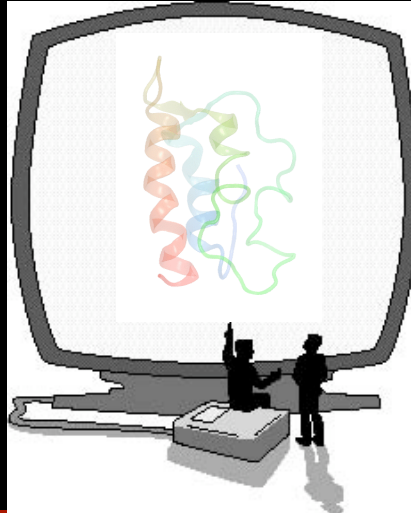
What does OpenSim provide?

- Open access – results can be reproduced
- Extensible – you can add your own features
- Widely available – bring your innovations to the world
- Free – teaching materials
- Access – a community of experts
- Continuity – for your lab

OpenSim features

- Standard format for exchanging models
- General purpose inverse dynamics
- Optimization to estimate muscle and joint forces
- Methods to create simulations from motion data
- Tools to analyze simulations
- Simbody: open source dynamics engine
- Software, models, and simulations you contribute

Sim Simulation Toolkit

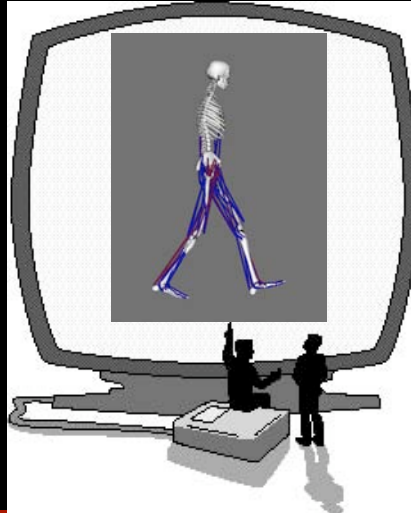


GUI Tools | Documentation Tools | Installation

Modeling



Sim Simulation Toolkit



GUI Tools | Documentation Tools | Installation

Modeling

**Linear
Algebra**

**Multi
Body
Dynamics**

Simbody
PRrobot
•

Integrator

ODE
DAE

Contact

Rigid
Penalty
•

Optimize

Sim Anneal
Genetic
SQ Prog

Control

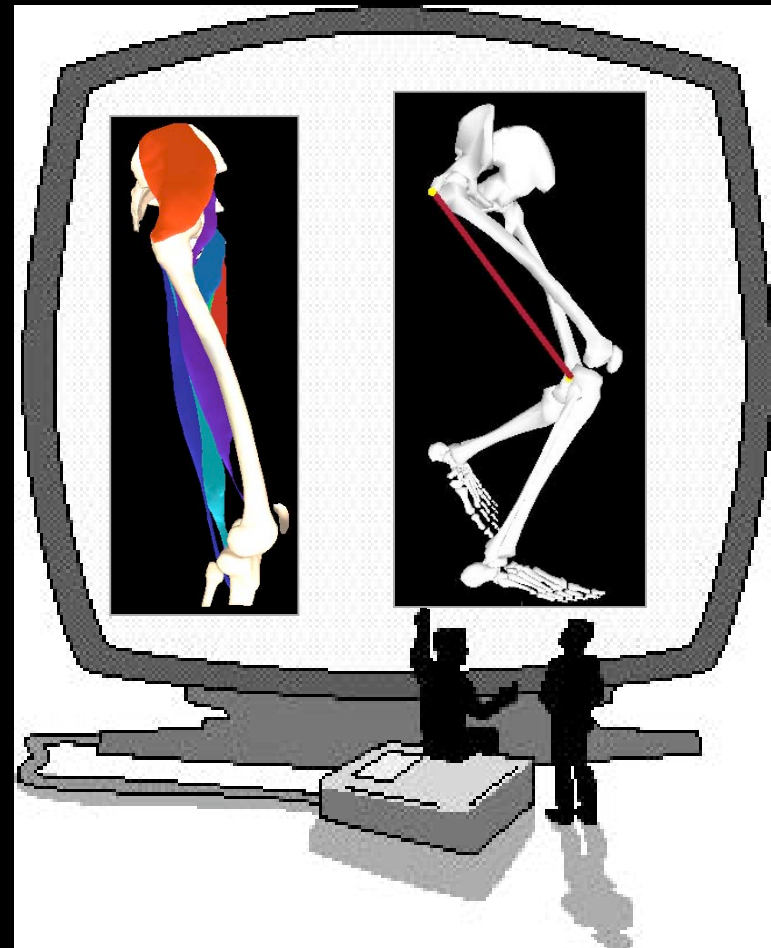
PD

Simulation-Based Treatment Planning

Experimental Data



Biomechanical Models



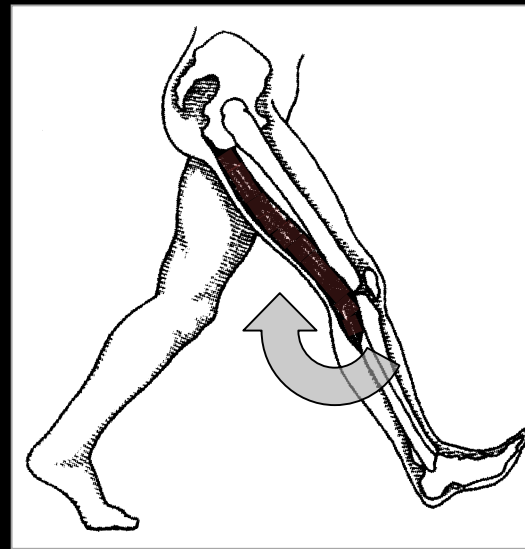
Treatment of Crouch Gait is Challenging



Courtesy of Gillette Children's Specialty Healthcare

Reputed Causes:

- hamstrings contracture
i.e., *shortened muscle fibers*
- hamstrings spasticity
i.e., *exaggerated reflexes*



Adapted from Gage (2004)

Can Analyses of Muscle-Tendon Lengths & Velocities Provide Insight?

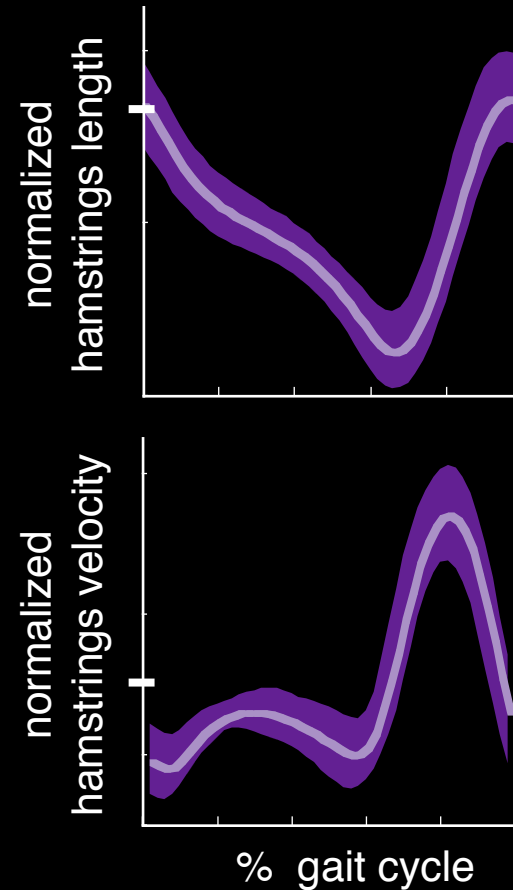
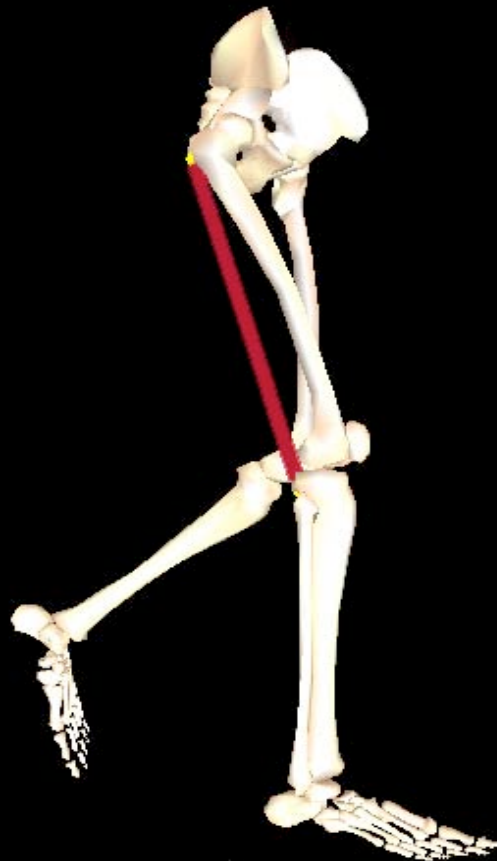
**3D Gait
Kinematics**



**Musculoskeletal
Model**



**Muscle-Tendon
Lengths & Velocities**



Courtesy of S. Öunpuu

Can Analyses of Muscle-Tendon Lengths & Velocities Provide Insight?

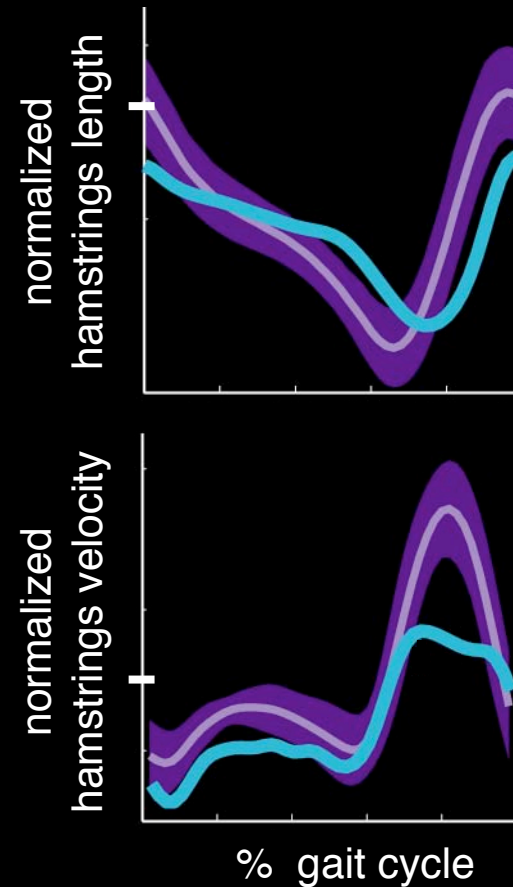
**3D Gait
Kinematics**



**Musculoskeletal
Model**



**Muscle-Tendon
Lengths & Velocities**



Courtesy of S. Öunpuu

Can Analyses of Muscle-Tendon Lengths & Velocities Provide Insight?

3D Gait Kinematics



Musculoskeletal Model

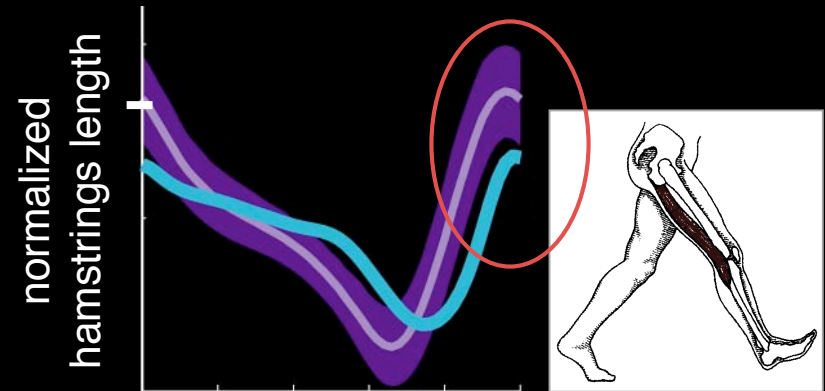


Muscle-Tendon Lengths & Velocities



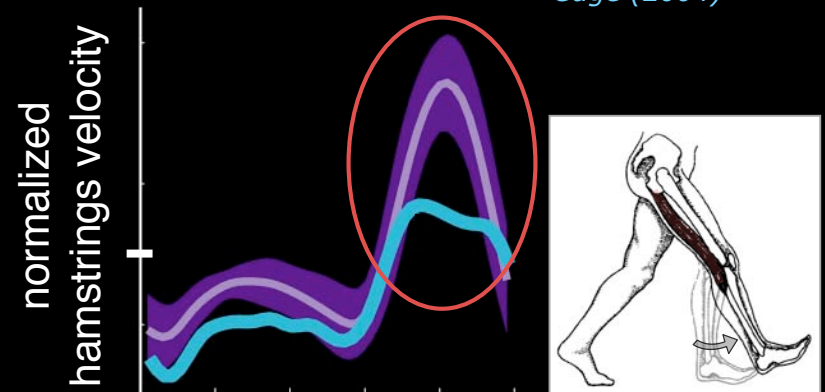
Courtesy of S. Öunpuu

hamstrings contracture



Gage (2004)

hamstrings spasticity



Adapted from Gage (2004)

Can Analyses of Muscle-Tendon Lengths & Velocities Provide Insight?

3D Gait Kinematics



Musculoskeletal Model



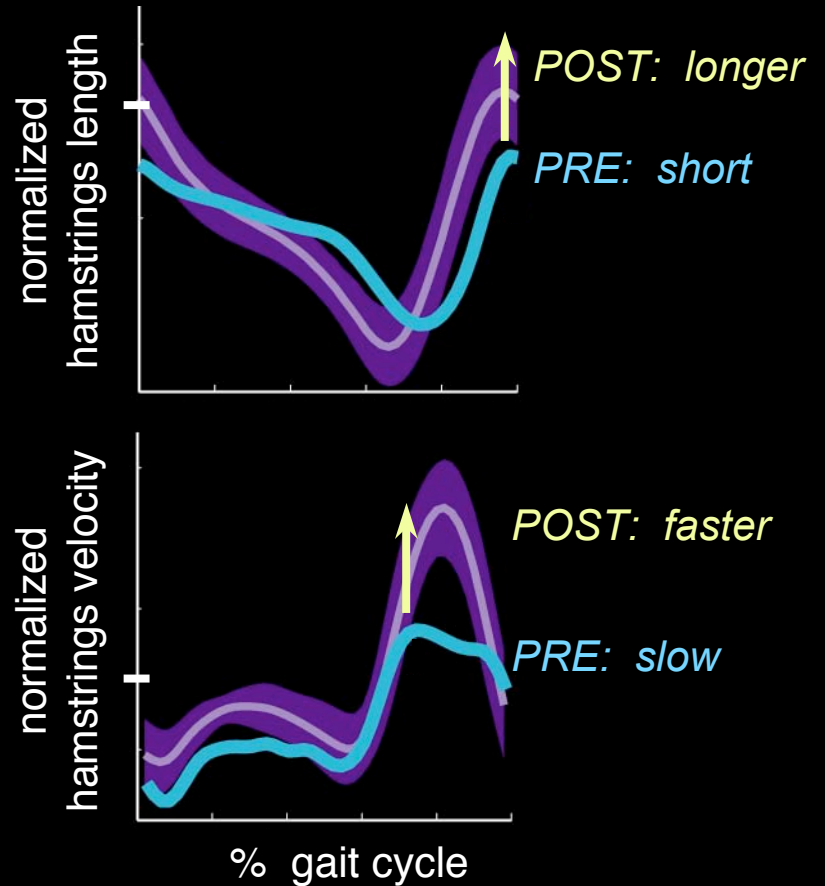
Muscle-Tendon Lengths & Velocities



hamstrings contracture



hamstrings spasticity



Courtesy of S. Öunpuu

Can Analyses of Muscle-Tendon Lengths & Velocities Provide Insight?

3D Gait Kinematics



Musculoskeletal Model



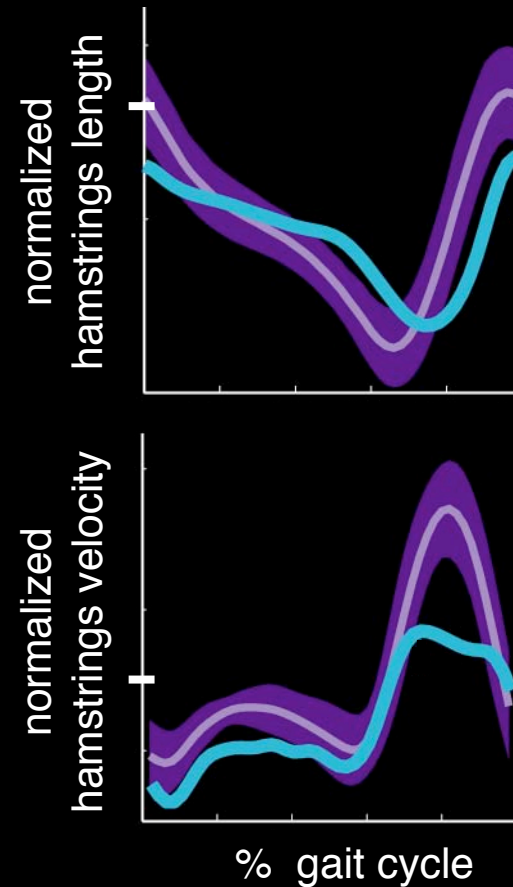
Muscle-Tendon Lengths & Velocities



Courtesy of S. Öunpuu



unimproved
knee extension?



Questions

1. What percentage of patients walk with *short* or *slow* hamstrings?
2. After surgical lengthening:
Do *short* hamstrings operate at *longer* muscle-tendon lengths?
Do *slow* hamstrings operate at *faster* muscle-tendon velocities?
3. Are clinical outcomes for treatment of crouch gait related to hamstrings lengths?

Estimation of Muscle-Tendon Lengths & Velocities



- 152 subjects with spastic cerebral palsy
- 2 children's medical centers
- at least 20° of knee flexion in early stance or terminal swing
- **no** rhizotomy
- **no** prior orthopaedic surgery at hip or knee
- **no** botulinum toxin within 6 months of exam

Courtesy of S. Öunpuu

Estimation of Muscle-Tendon Lengths & Velocities

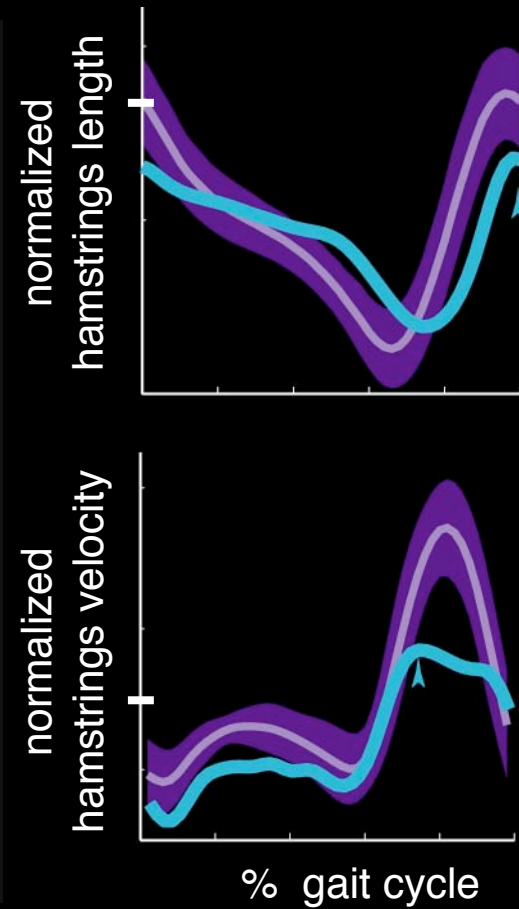
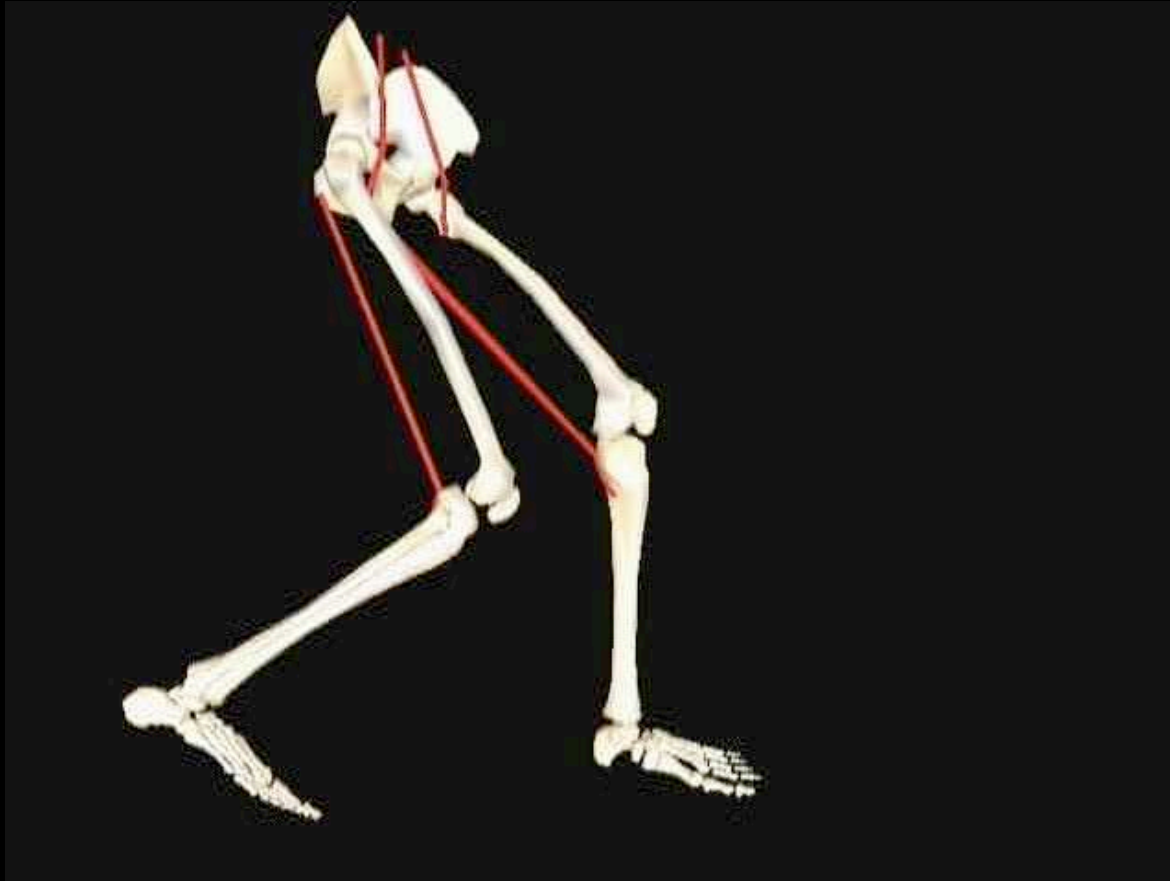
**3D Gait
Kinematics**



**Musculoskeletal
Model**



**Muscle-Tendon
Lengths & Velocities**



Estimation of Muscle-Tendon Lengths & Velocities

**3D Gait
Kinematics**

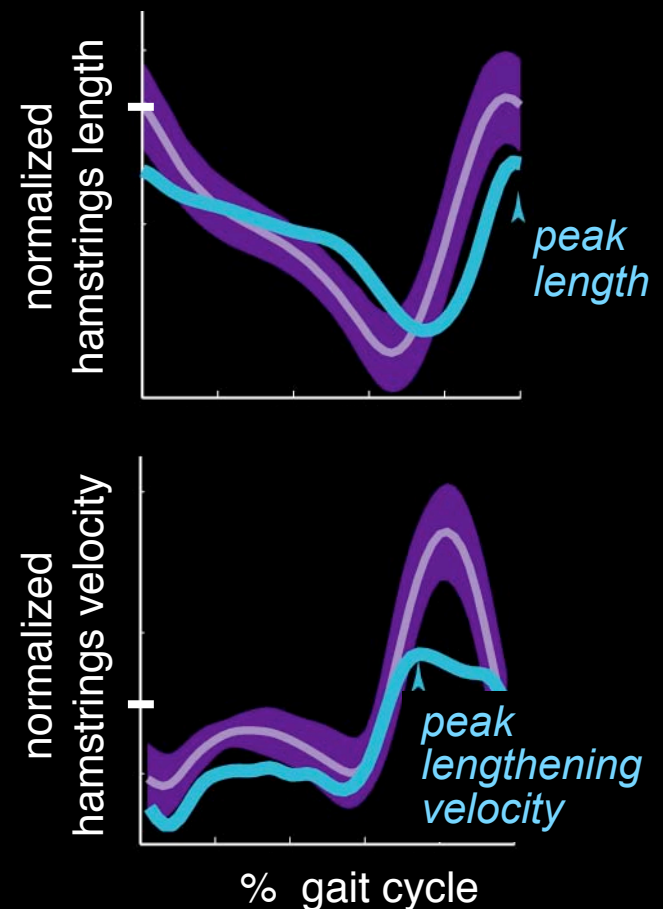


**Musculoskeletal
Model**



**Muscle-Tendon
Lengths & Velocities**

- identified “peak” lengths & velocities of semimembranosus during walking
- normalized data by peak values averaged for 45 unimpaired subjects



Classification of Peak Lengths & Velocities

3D Gait
Kinematics

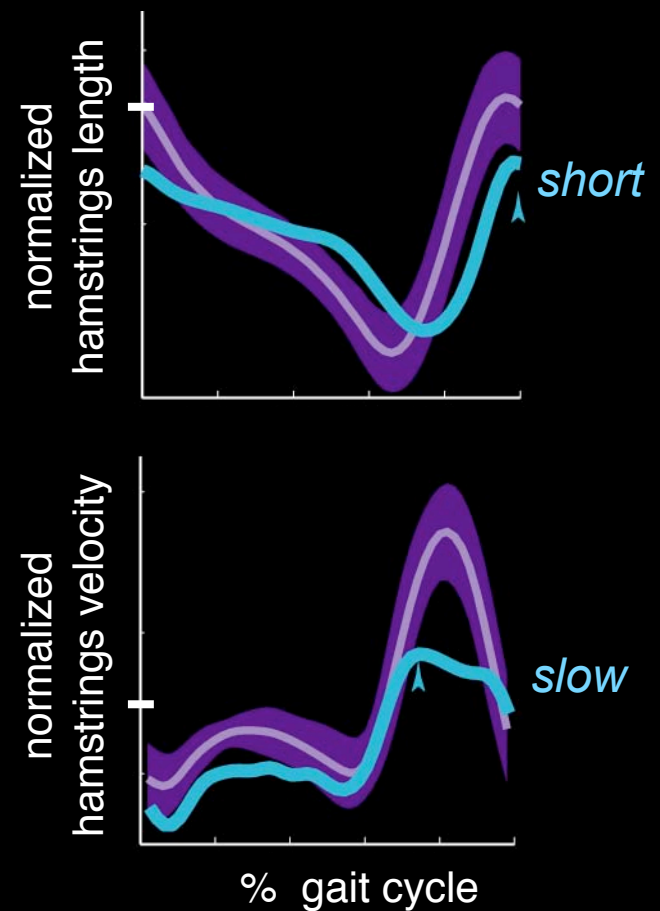


Musculoskeletal
Model



Muscle-Tendon
Lengths & Velocities

- classified PRE lengths & velocities:
short, not short
slow, not slow



Classification of Peak Lengths & Velocities

3D Gait
Kinematics

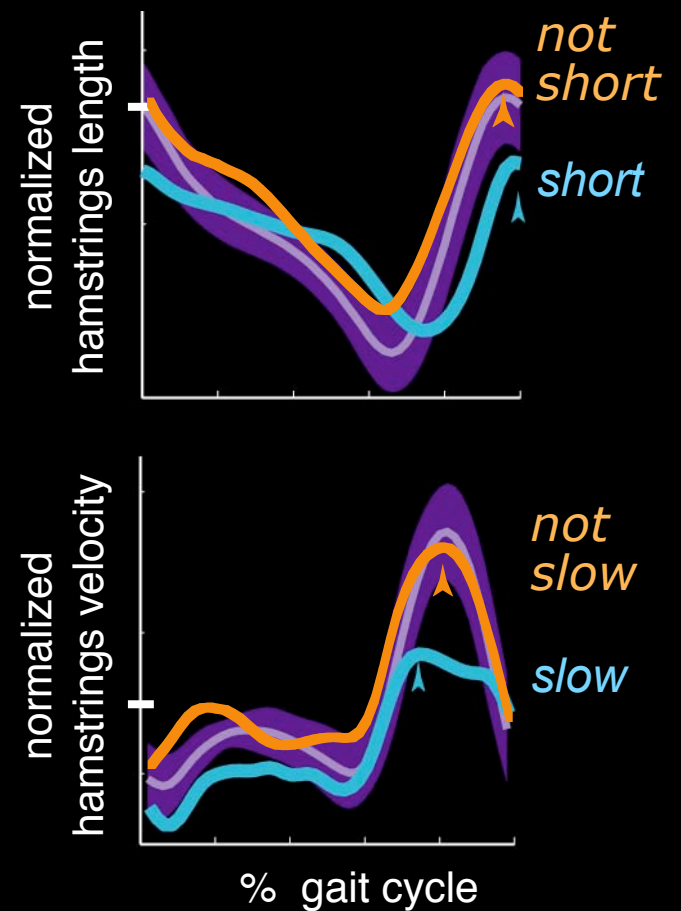


Musculoskeletal
Model

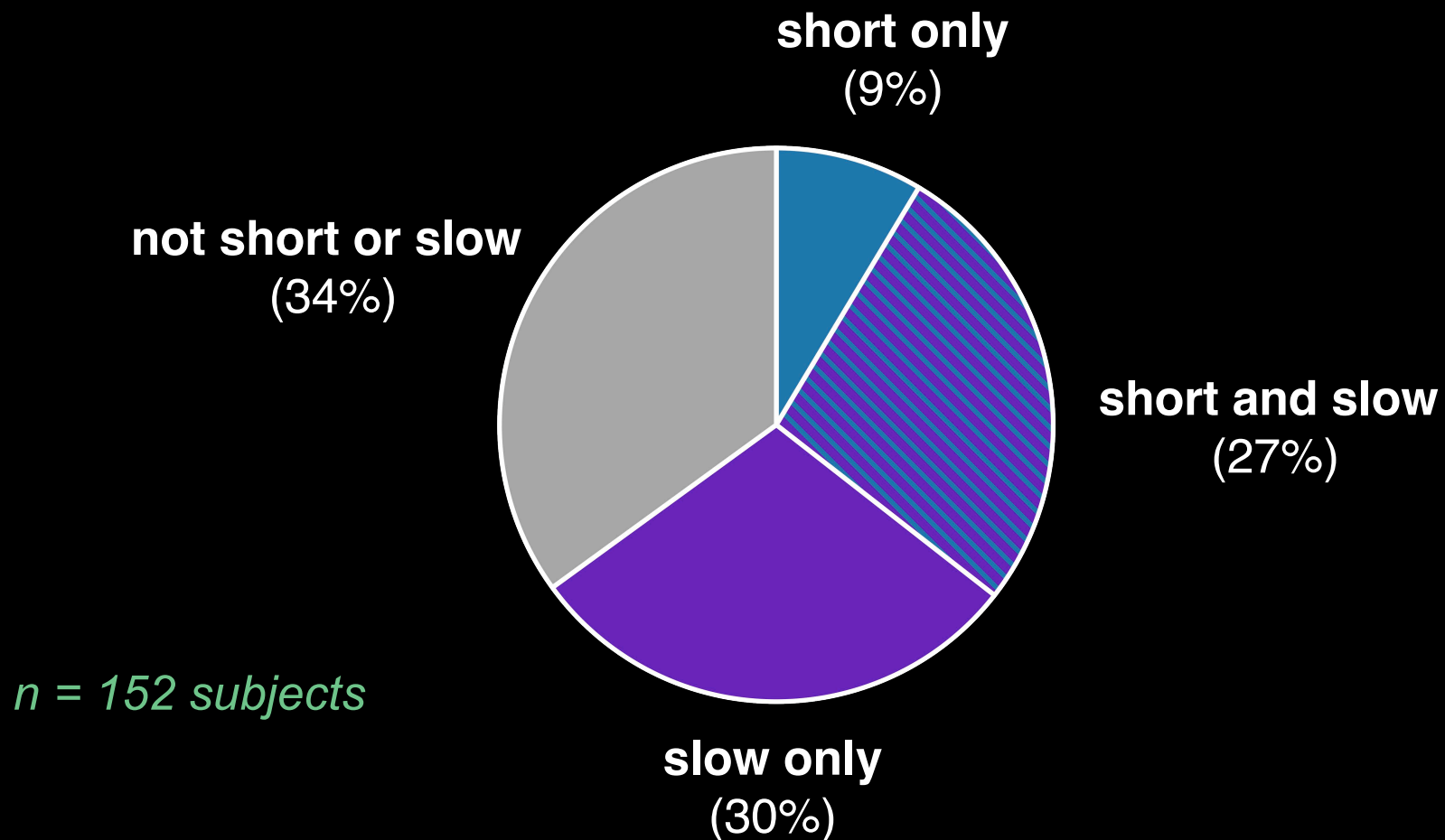


Muscle-Tendon
Lengths & Velocities

- classified PRE lengths & velocities:
short, not short
slow, not slow



How Many Subjects Walked With Short or Slow Hamstrings?



Did the Hamstrings Operate at Longer Lengths or Faster Velocities after Surgery?

- *Short* hamstrings tended to operate at *longer* lengths ($p < 0.01$)
- *Slow* hamstrings tended to lengthen at *faster* velocities ($p < 0.01$)
- Hamstrings that were ***not*** short or slow did ***not*** tend to operate at longer lengths or faster velocities

Questions

1. What percentage of patients walk with *short* or *slow* hamstrings?
2. After surgical lengthening:
Do *short* hamstrings operate at *longer* muscle-tendon lengths?
Do *slow* hamstrings operate at *faster* muscle-tendon velocities?
3. Are clinical outcomes for treatment of crouch gait related to hamstrings lengths?

[Home](#)
[About SimTK](#)
[How to Contribute](#)

Search Simtk.org

Projects

Go

[News](#)
[Create Project](#)[Log In](#)
[Register](#)**Overview**[Statistics](#)
[Geography of use](#)**Team****Downloads****Documents****Wiki (Beta)****Publications****News****Advanced****Project Administrator**[Chand John](#)
[Contact](#)[Eran Guendelman](#)
[Contact](#)[Michael Sherman](#)
[Contact](#)[Scott Delp](#)
[Contact](#)[Frank Clay Anderson](#)
[Contact](#)[Ayman Habib](#)
[Contact](#)[Paul Mitiquy](#)
[Contact](#)[Peter Eastman](#)
[Contact](#)**Team**

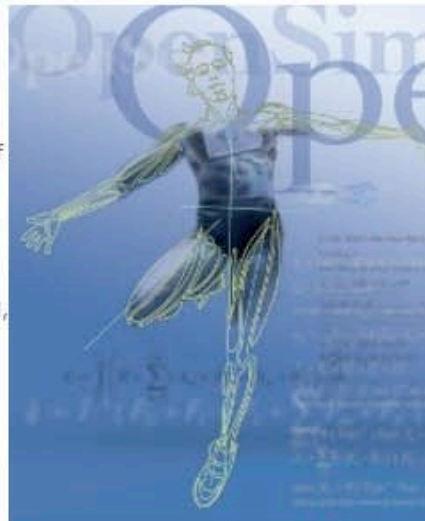
OpenSim Overview

OpenSim is an open-source software system that lets users develop models of musculoskeletal structures and create dynamic simulations of movement. The software provides a platform on which the biomechanics community can build a library of simulations that can be exchanged, tested, analyzed, and improved through multi-institutional collaboration. The underlying software is written in ANSI C++, and the graphical user interface (GUI) is written in Java. OpenSim technology makes it possible to develop customized controllers, analyses, contact models, and muscle models among other things. These plugins can be shared without the need to alter or compile source code. Users can analyze existing models and simulations and develop new models and simulations from within the GUI.

Purpose Provide easy-to-use, extensible software for modeling, simulating, controlling, and analyzing the neuromusculoskeletal system.

Audience Biomechanics scientists, clinicians, and developers who need software tools (or code) for modeling and simulating motion and forces for neuromusculoskeletal systems.

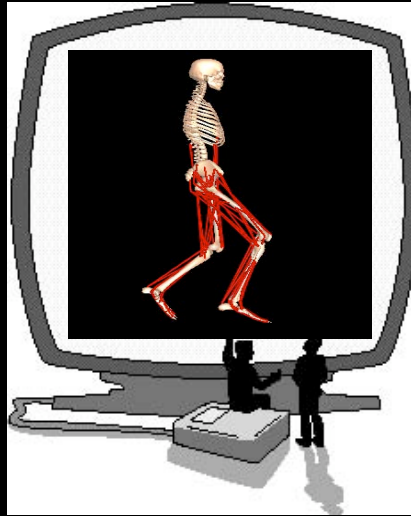
Long Term Goals and Related Users Provide high quality, easy

**Project Lead**[Chand John](#)
[Contact](#)[Eran Guendelman](#)
[Contact](#)[Scott Delp](#)
[Contact](#)[Frank Clay Anderson](#)
[Contact](#)





Simulation Toolkit



GUI Tools | Documentation Tools | Installation

Modeling

**Linear
Algebra**

**Multi
Body
Dynamics**

Simbody
PRrobot

•

Integrator

ODE
DAE

Contact

Rigid
Penalty

•

Optimize

Sim Anneal
Genetic
SQ Prog

Control

PD





[Home](#)
[About SimTK](#)
[How to Contribute](#)

Search [Simtk.org](#)

Projects

Go

[News](#)
[Projects](#)

[Log In](#)
[Register](#)

Enabling groundbreaking biomedical research by providing open access to high-quality simulation tools, accurate models and the people behind them.

About SimTK

SimTK, the Simulation Toolkit, is part of the **Simbios** project funded by the National Institutes of Health. [Learn more.](#)

Simbios Sites



NIH Center for
Physics-based Simulation



[Simbiome](#)



[Biomedical Computation Review](#)

Biological Application Areas

Biomolecular Simulation - Current Emphasis



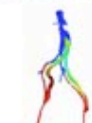
[RNA Folding](#)

RNA, even more than DNA, implements its functions using complex structural strategies.



[Myosin Dynamics](#)

Myosin is the fundamental source of motive force in many living systems.



[Cardiovascular Dynamics](#)

The dynamics of fluid flow through the human cardiovascular system has many clinical applications, including surgical bypass planning.



[Neuromuscular Biomechanics](#)

The modeling of human motion has applications in the planning of interventions to assist patients with abnormal movement dynamics, resulting for example from cerebral palsy.

Simulation Applications

Free downloadable stand-alone simulation software

Simulation Technology

The underlying algorithms and computational tools applicable to a variety of biological application areas.

How to Contribute



Featured Project



**SimTK
ToRNADo RNA
3D Structure
Morphing and
Visualization
Application**

SimTK ToRNADo is a dynamic visualization tool for coarse grain (lumped) representations of RNA and/or protein structure.

[Feedback](#) | [Simbios](#) | [BCR](#) | [Our Pledge Your Responsibility](#)

SimTK, the Simulation Toolkit, is a part of the Simbios project funded by the National Institutes of Health through the NIH Roadmap for Medical Research, Grant U54 GM072970. Information on the National Centers for Biomedical Computing can be [obtained here](#).



Contacts

Websites: <http://simbios.stanford.edu/> and <https://simtk.org/>

Simbios Team:

- Jeannette Schmidt, Executive Director: schmidtj@stanford.edu
- Joy Ku, Director of Dissemination, joyku@stanford.edu
- David Paik, Executive Editor Biomedical Computation Review

Simbios PIs:

- Russ Altman, co-PI: russ.altman@stanford.edu
- Scott Delp, co-PI: delp@stanford.edu

NIH Officers:

- Peter Lyster, Program Officer: lysterp@nigms.nih.gov
- Jennie Larkin, Lead Science Officer: larkinj2@nhlbi.nih.gov