

# Chondrocyte Deformation as a Function of Tibiofemoral Joint Loading

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Bethesda, MD

# Role of Cell Deformations

Cellular deformation plays a role in:

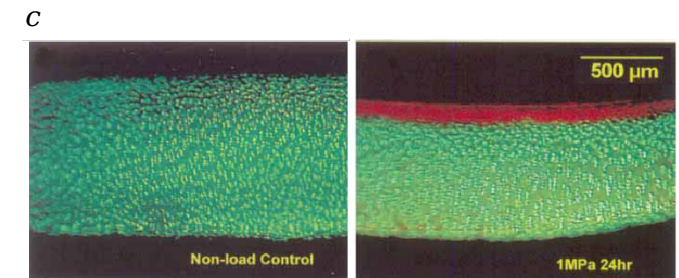
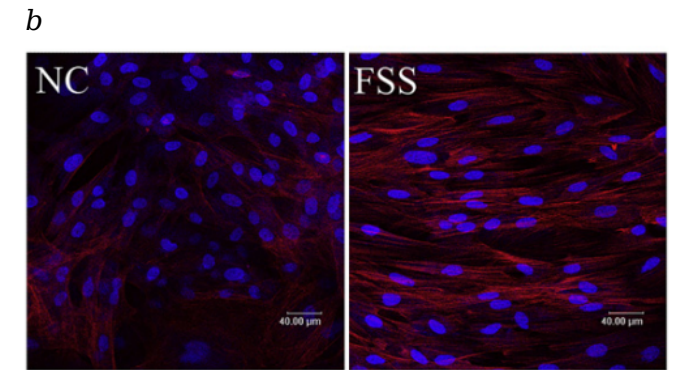
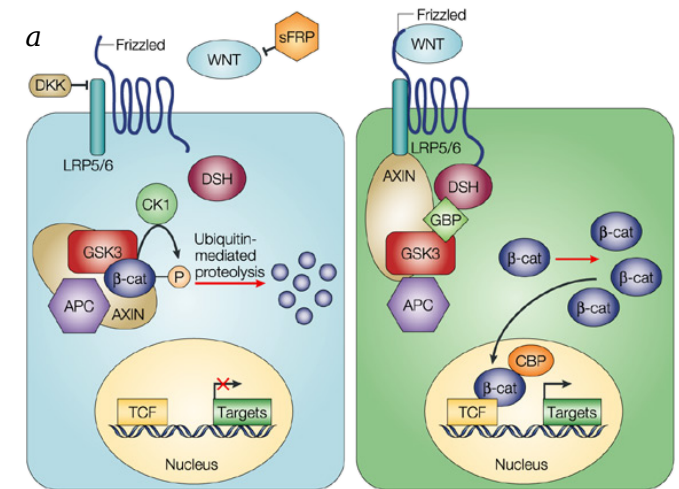
Cell activity<sup>a</sup>

Matrix remodelling  
Chemical signaling  
Proliferation  
Gene expression

Cell differentiation<sup>b</sup>

Cell vitality<sup>c</sup>

In musculoskeletal biomechanics, **joint loading** results in **chondrocyte deformations** in cartilage.



<sup>a</sup>adapted from Moon et al., Nat Rev Genet 5: 691-701, 2004.

<sup>b</sup>adapted from Huang et al., Arch Med Res 41: 497-505, 2010.

<sup>c</sup>adapted from Chen et al., J Orthop Res 21: 888-898, 2003.

# Quantifying Cell Deformations

## Experiments with

in situ tissue explants,  
cell seeded constructs

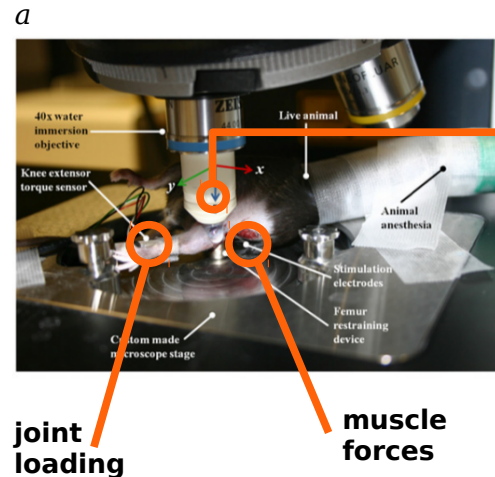
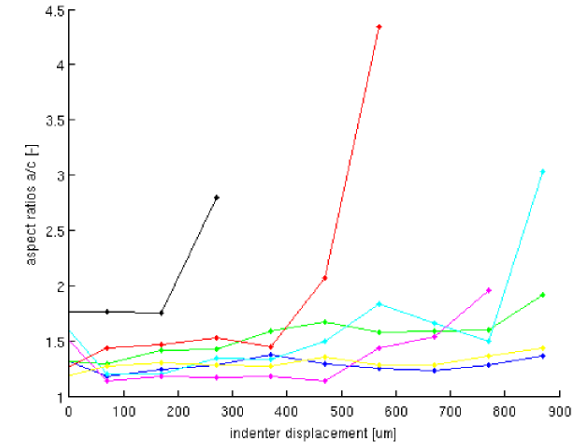
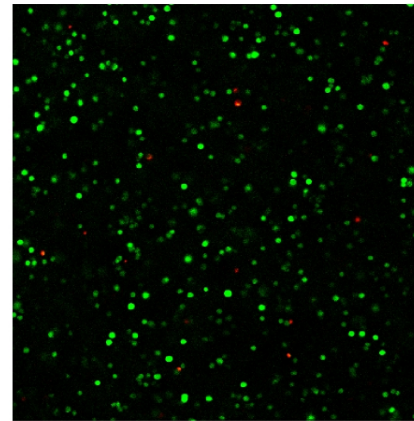
help understand load transfer to cells.

**Animal studies<sup>a</sup>** can relate simplified musculoskeletal loading to chondrocyte deformations.

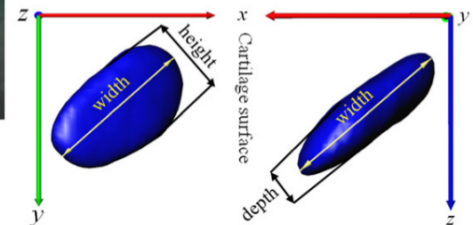
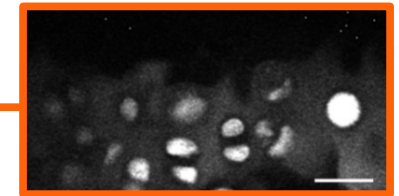
## Computational modeling can relate

muscle forces  
joint kinematics/kinetics  
cartilage stress/strain  
chondrocyte deformations

for complex geometries and lifelike loading.



## cell deformations



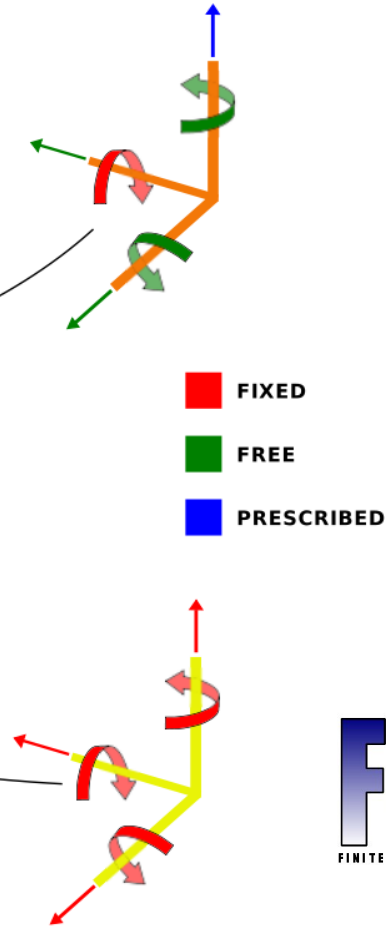
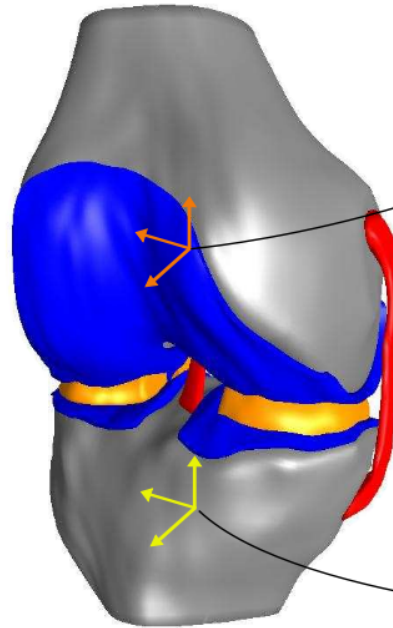
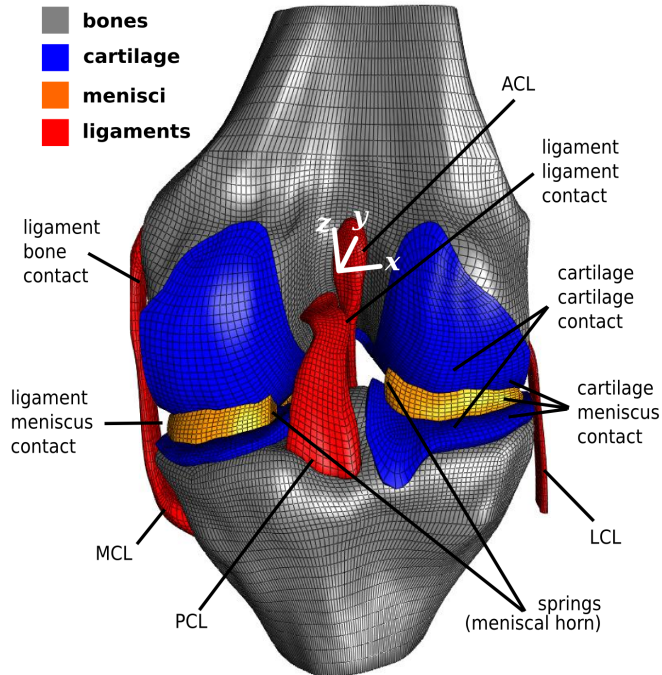
<sup>a</sup>adapted from Abusara et al., *J Biomech* 44: 930-934, 2011.

# Objectives

- Establish a **post-processing platform** to analyze macroscopic tissue deformations for calculation of cell deformations
- For a given **tibiofemoral joint loading**, estimate regional **chondrocyte deformations** in tibial and femoral cartilage
- Explore the **relationship** between macroscopic **cartilage strains** and **chondrocyte deformations**
- Investigate the role of **single vs multiple cell** representations on prediction of chondrocyte deformations

# Joint Level Modeling

## Open Knee



**Ligaments**  
**Cartilage<sup>a</sup>**  
**Meniscus**  
**Bones**

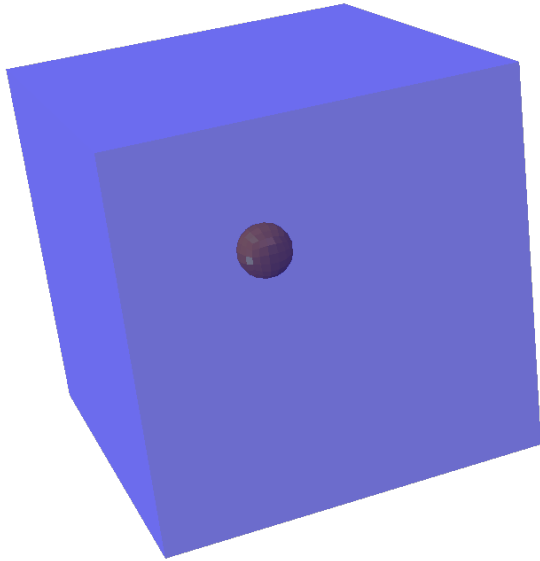
transversely isotropic hyperelastic  
 Mooney-Rivlin:  $E = 10 \text{ MPa}$ ,  $\nu = 0.48$   
 transversely isotropic hyperelastic  
 rigid body

**Implicit dynamics**

Compression up to 780 N  
 (1 body weight)

<sup>a</sup>adapted from Shepher and Seedhom, *Rheumatology* 38: 124-132, 1999.

# Cell Level Modeling



## Single<sup>a</sup> vs 11-cell<sup>b</sup> RVEs

### Extracellular Matrix

100x100x100  $\mu\text{m}$

Mooney-Rivlin:  $E = 10 \text{ MPa}$ ,  $\nu = 0.48$

### Pericellular Matrix<sup>c</sup>

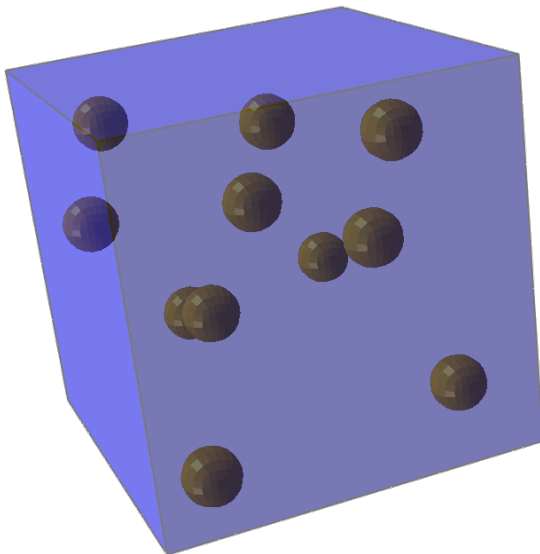
2.5  $\mu\text{m}$  thickness

Mooney-Rivlin:  $E = 2.8665 \text{ MPa}$ ,  $\nu = 0.048$

### Cell<sup>c</sup>

5.0  $\mu\text{m}$  radius

Mooney-Rivlin:  $E = 0.2398 \text{ MPa}$ ,  $\nu = 0.48$



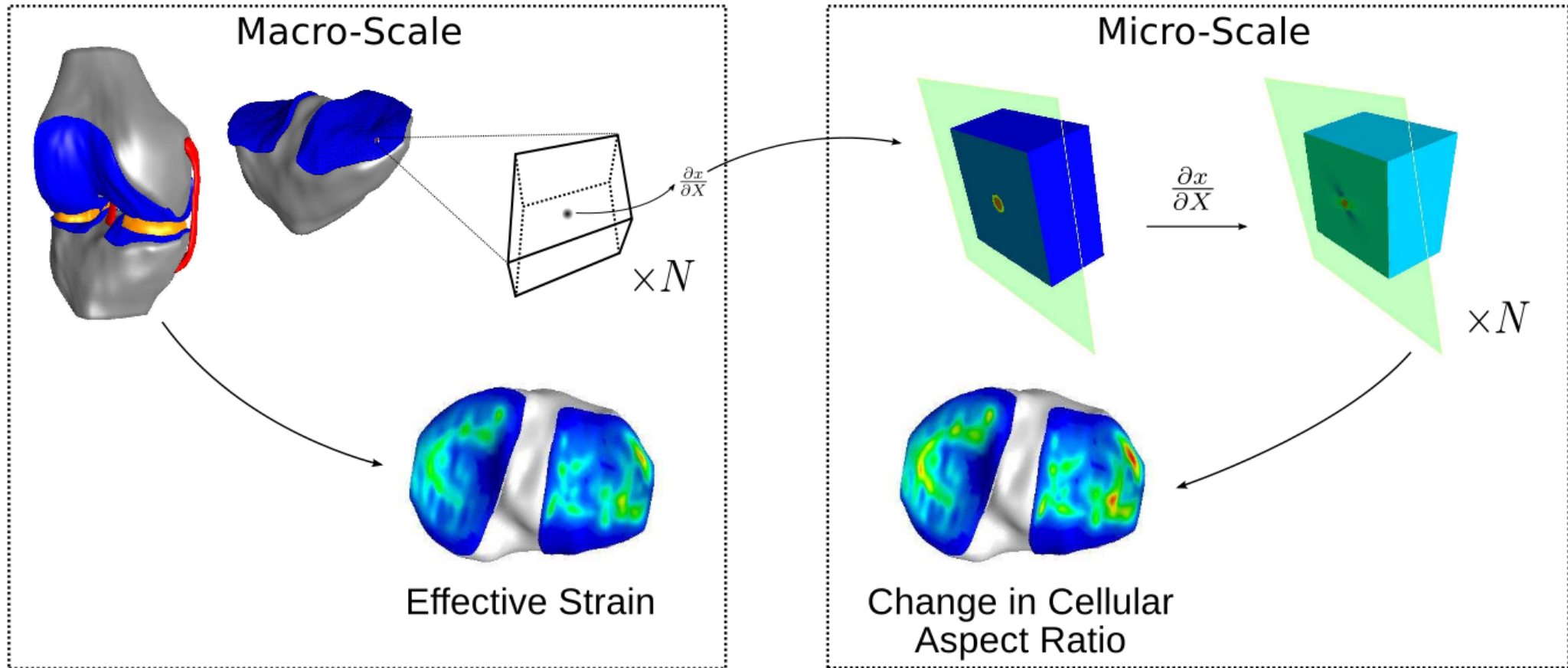
<sup>a</sup>adapted from Guilak and Mow, *J Biomech* 33: 1663-1673, 2000.

<sup>b</sup>adapted from Hunziker et al., *Osteoarthritis Cartilage* 10: 564-572, 2002.

<sup>c</sup>adapted from Michalek and Iatridis, *J Biomech* 40: 1405-1409, 2007.

# Coupling & Simulation Strategy

## Post-processing approach



Deformation gradient of macro-model drives micro-scale simulations.

Python scripting allows streamlined processing of macro/micro simulations.

# Tackling Computational Cost

## Problem Size

11 cell model: 249834 equations  
7882 models

## Parallelization

100 threads on Glenn Cluster @ OSC  
Wall-clock time (slowest thread) ~ **19 hours**  
Total CPU time ~ **1735.1 hours (72.3 days)**

**Post-processing approach is also suitable for grid computing.**

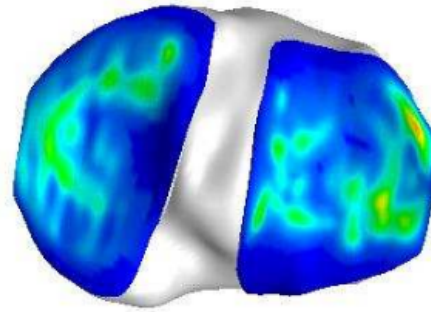
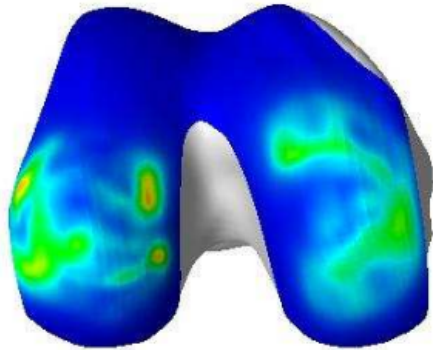
**Ohio Supercomputer Center**  
*Empower. Partner. Lead.*





# Macroscopic Map of Cartilage

Macroscale Effective Strain



0.2

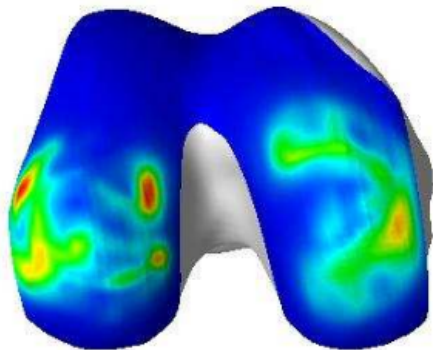


0.0

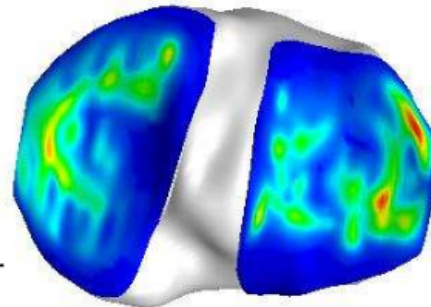
**Macroscopic and  
microscopic deformations  
for the transitional zone**

femoral and tibial cartilage

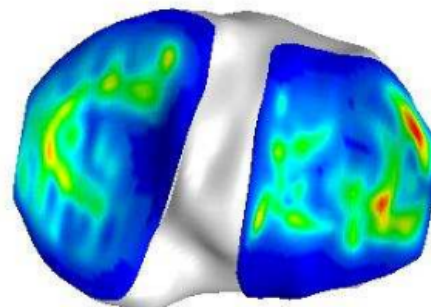
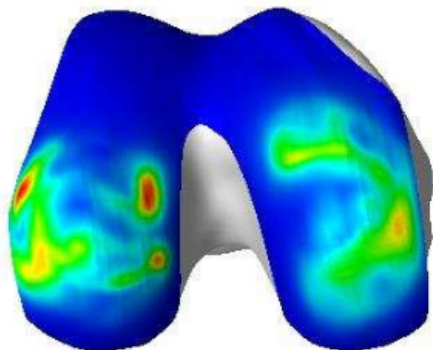
Change in Cellular Aspect Ratio (Single Cell)



Anterior  
↑  
↓  
Posterior



Change in Cellular Aspect Ratio (11 Cell)

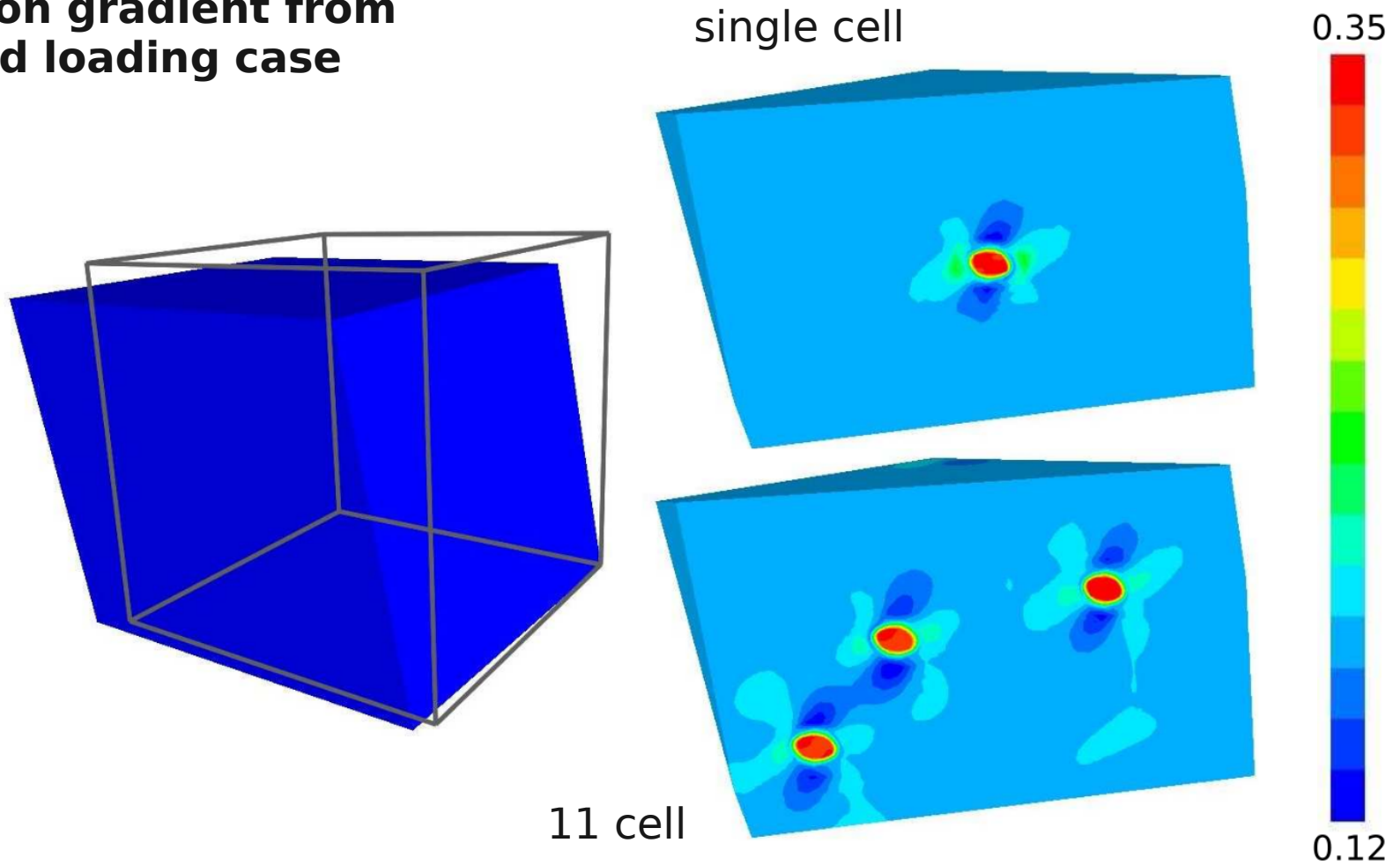


Lateral ↔ Medial

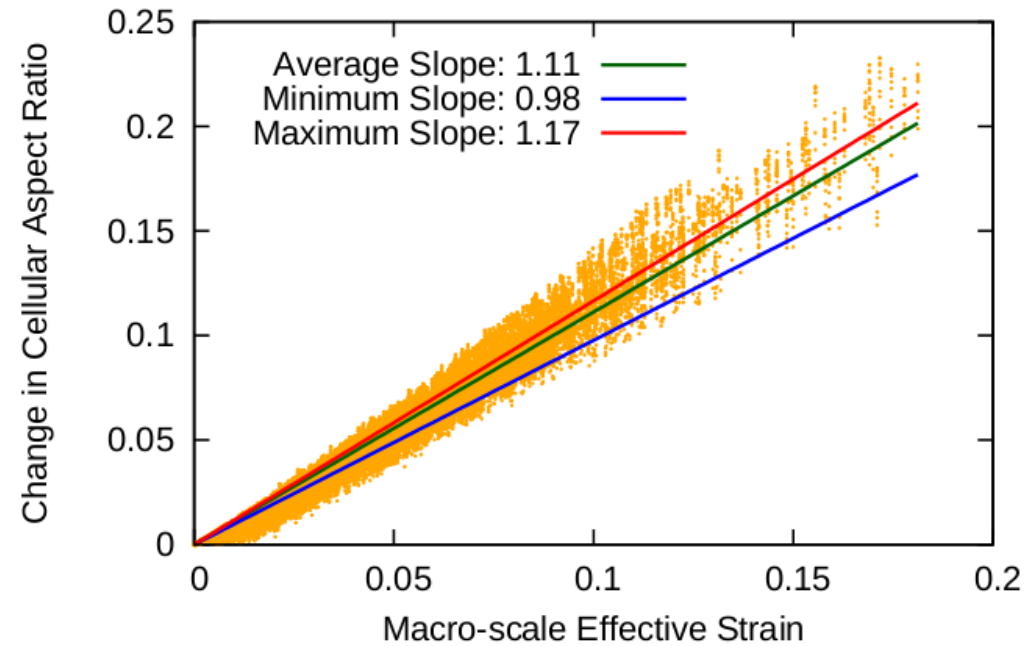
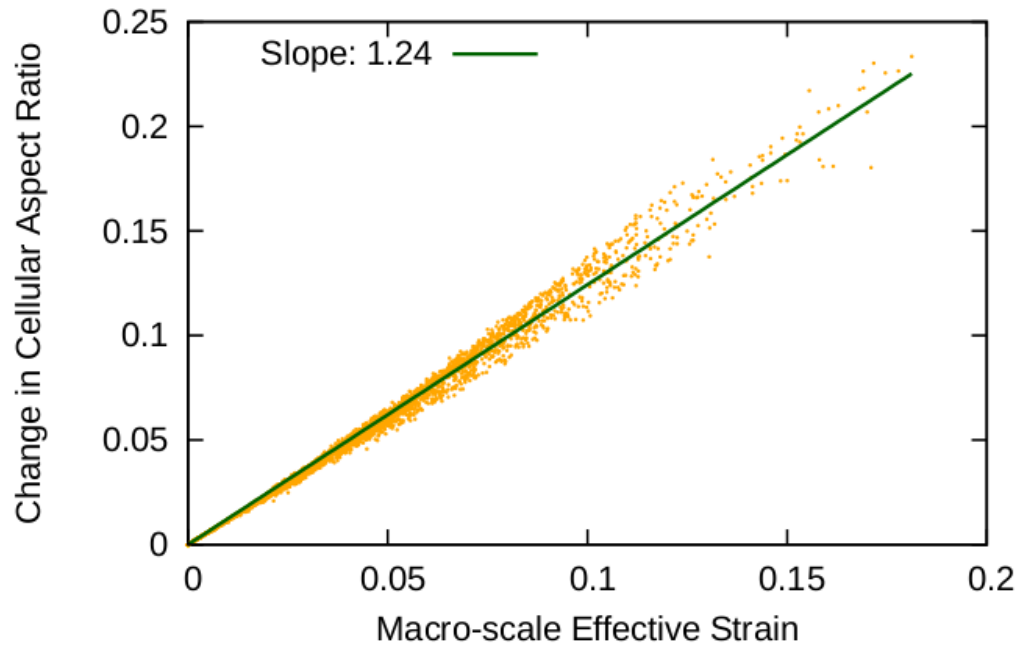
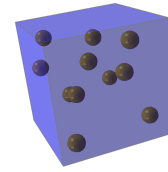
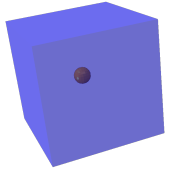
Medial ↔ Lateral

# Microscopic Map of Individual Cells

**Deformation gradient from  
a combined loading case**



# Macro-Micro Relationships



**effective macroscopic cartilage strain  $\sim$  change in chondrocyte aspect ratio**

# Discussion

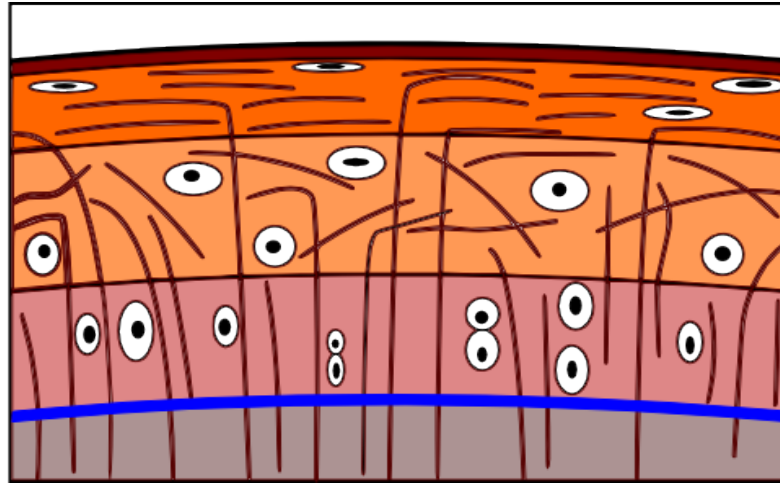
- Establish a **post-processing platform** to analyze macroscopic tissue deformations for calculation of cell deformations
  - Hypothesis generation platform to provide insight into how cells may be deforming under lifelike loading
  - Highly scalable parallelized processing
  - Generalizable for different macro/micro models
  - Weak coupling (assumption of mechanical consistency)
  - Cell deformation metrics at a snapshot (no mechanical history)
- For a given **tibiofemoral joint loading**, estimate regional **chondrocyte deformations** in tibial and femoral cartilage
  - A step towards the realization of relating knee joint mechanics to the mechanics of chondrocytes
  - Full spatial analysis of cartilage rather than a handful of limited spatial locations
  - No verification & validation

# Discussion

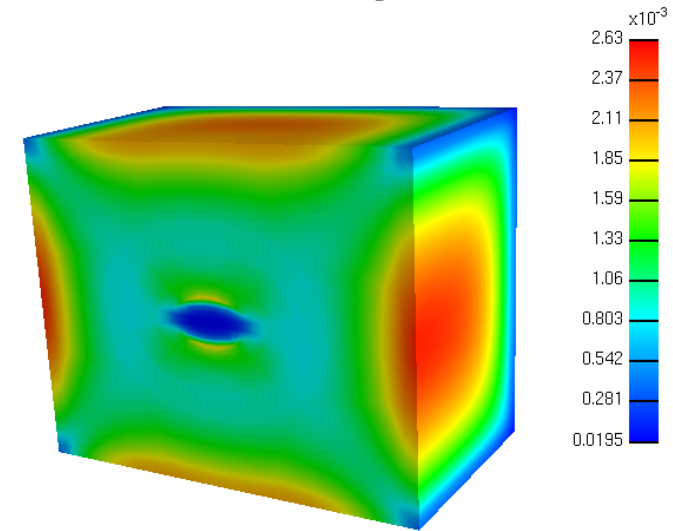
- Explore the **relationship** between macroscopic **cartilage strains** and **chondrocyte deformations**
  - Amplified transfer of macroscopic strains to cells
  - Linear relationship between macro/micro variables with some variability
  - Large database of cell deformations for functional tibiofemoral joint loading
- Investigate the role of **single vs multiple cell** representations on prediction of chondrocyte deformations
  - Indications of strain shielding for multiple cell distributions
  - Neighboring cells may not experience similar levels of deformations
  - Onset of mechanobiological function and damage may be spatially different
  - Cell-to-cell interactions

# Future Work

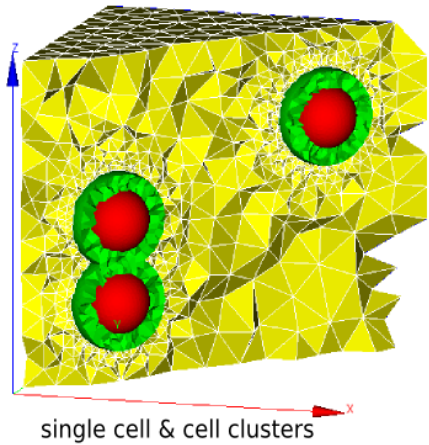
**Anisotropic microstructure & cartilage zones**



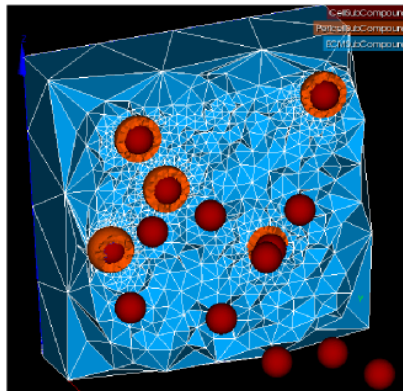
**Biphasic analysis**



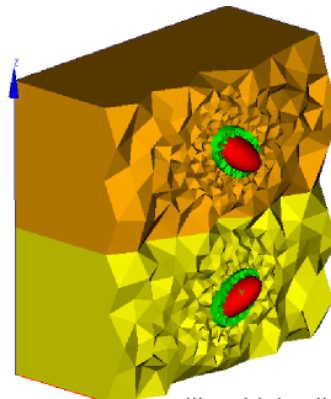
**Complex cell shapes and distributions**



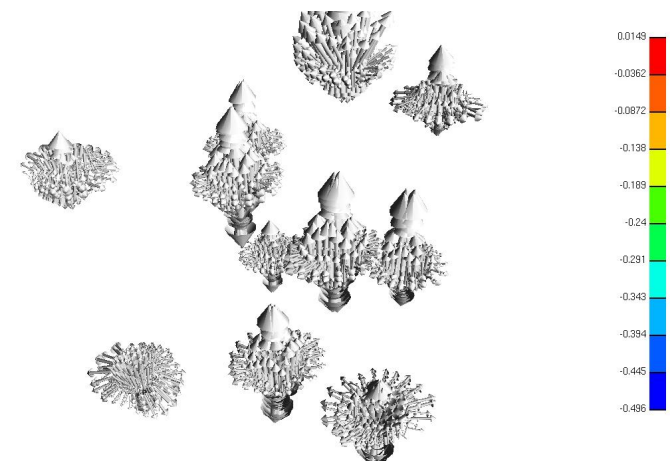
single cell & cell clusters



high density cell distribution



ellipsoidal cells oriented in multiple zones



# Pathways for Translation

Musculoskeletal markers of age-related changes in cartilage and chondrocyte mechanics

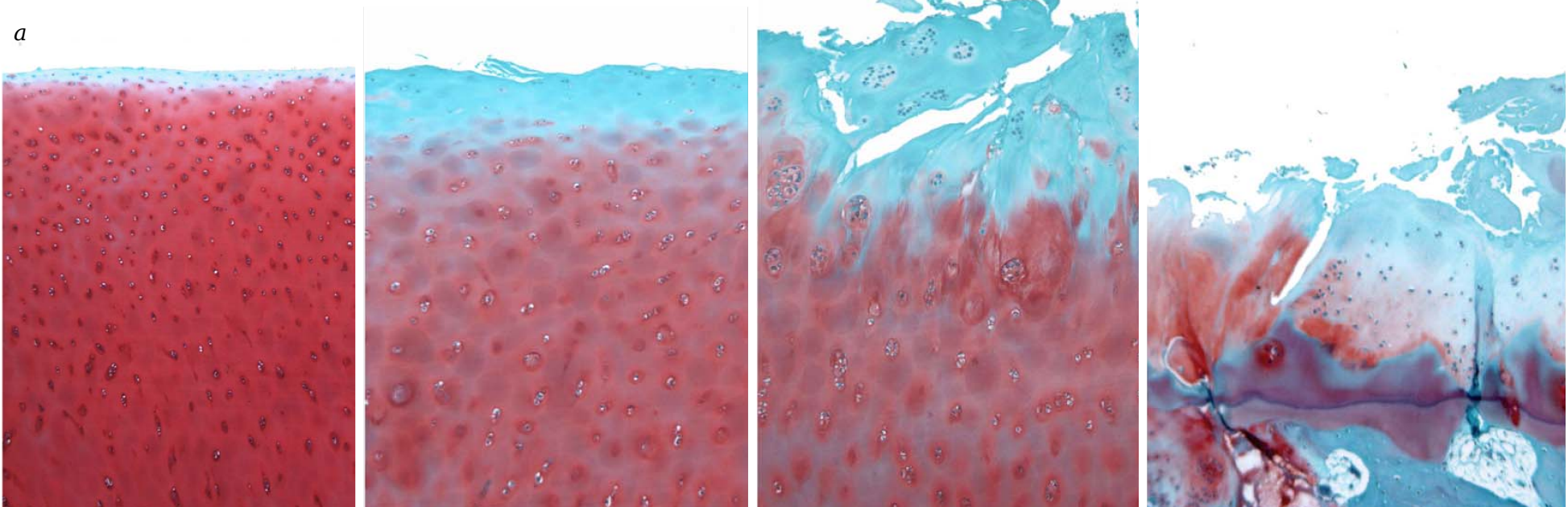
Macro/micromechanical environment of cartilage during progression of osteoarthritis

Grade 0

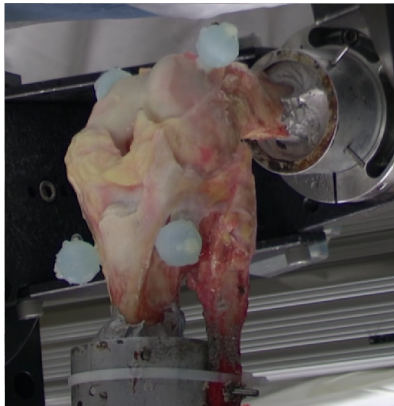
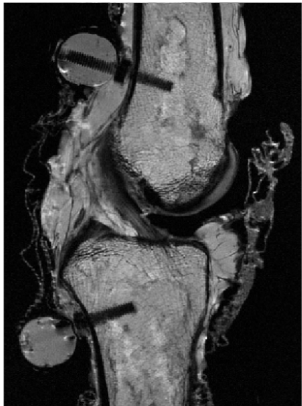
Grade 1

Grade 3

Grade 6

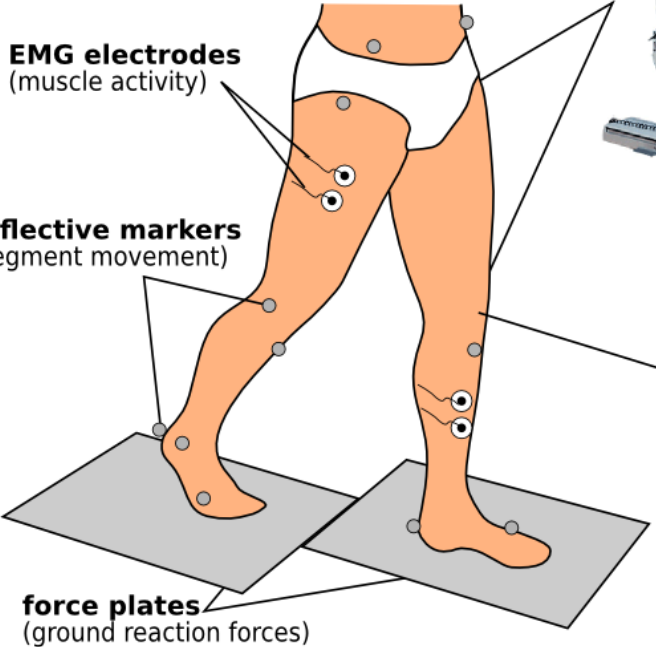


# Bridging to Higher Scales



Relationship between joint loading and chondrocyte deformations

## GAIT ANALYSIS



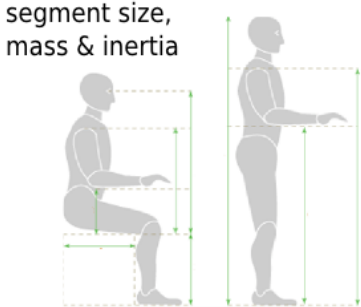
In vivo deformations of chondrocytes during locomotion

## DYNAMOMETRY



joint & muscle strength

## ANTHROPOMETRY



segment size, mass & inertia

## MAGNETIC RESONANCE IMAGING



knee anatomy



# ACKNOWLEDGMENTS



<https://simtk.org/home/j2c>




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*Empower. Partner. Lead.*

*simulation software by*  FEBio  
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Craig Bennetts  
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