

# Pulmonary Anatomy and Physiology

## Basic Principles

Joseph C. Anderson, Ph.D.

## Functions of the Respiratory System

- Gas Exchange
  - $O_2$  and  $CO_2$
- Acid-base balance
  - $CO_2 + H_2O \longleftrightarrow H_2CO_3 \longleftrightarrow H^+ + HCO_3^-$
- Phonation
- Pulmonary defense (air conditioning & filtering)
- Pulmonary metabolism and handling of bioactive materials

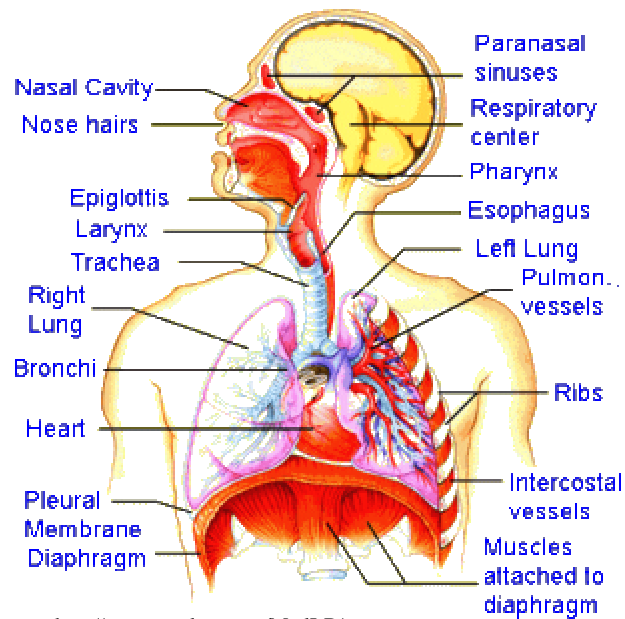
## Additional Reasons to Study the Lungs

**Alveolar blood-air interface: “window” into the body.**

- Non-invasive drug delivery
- Non-invasive measurement of health
- Variety of physics, chemistry, math

## Chest X-ray





### Surface Markings of the Lung & Pleura – Anterior View

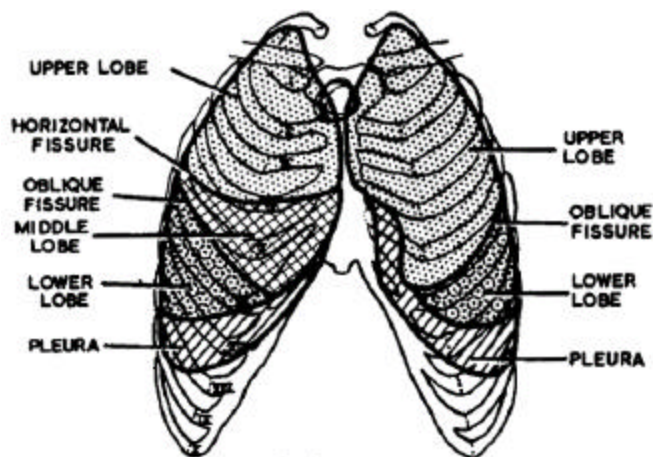
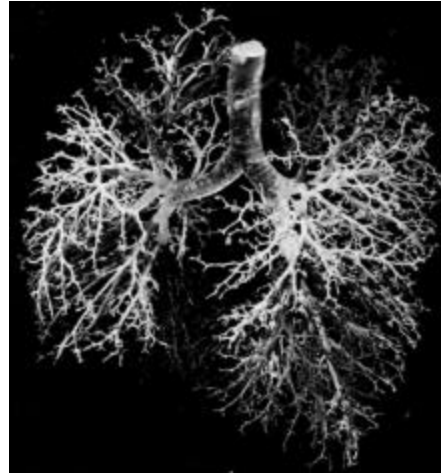


FIG. 2  
The surface markings of the lungs and pleura—anterior view.

*Clinical Anatomy*, Ellis, 5<sup>th</sup> Ed., 1971

## Branching Structure of Airways

- Dichotomous branching
- ~23 generations
- Can we describe this?
- Can we model this?



## Trachea and Main Bronchi – Anterior View

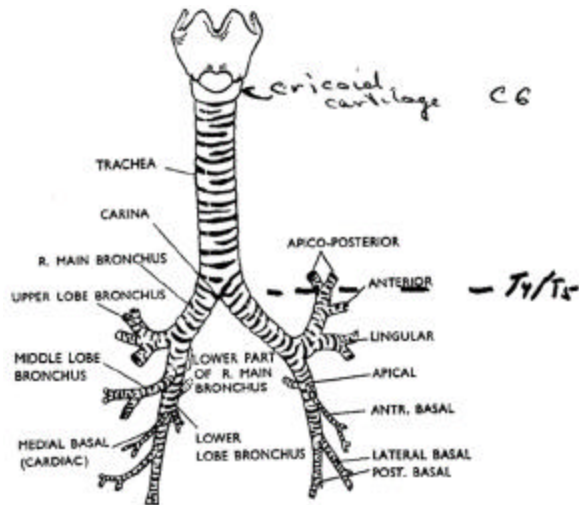
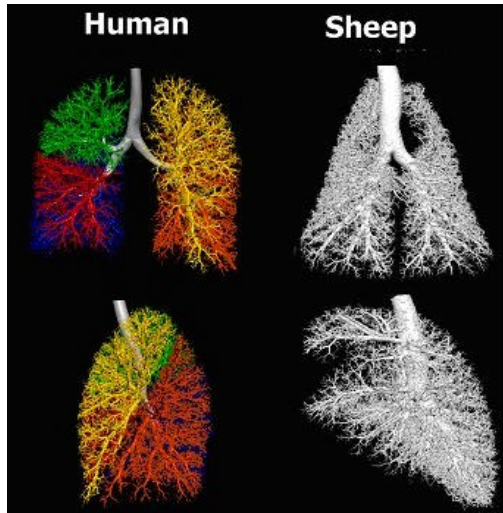


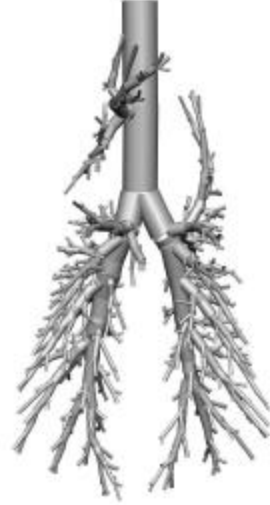
FIG. 13a  
The trachea and main bronchi viewed from the front.

*Clinical Anatomy*, Ellis, 5<sup>th</sup> Ed., 1971

## Monopodial vs. Bifurcating Airways



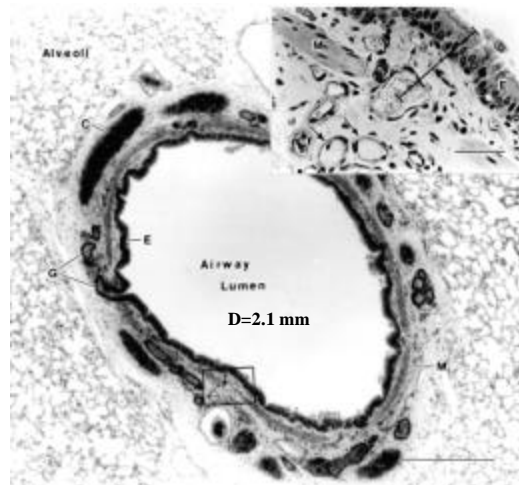
From the U. of Iowa



Monopodial structure of sheep airways

## Conducting Airways

- Trachea, bronchi, small bronchi
- Cartilage
  - C-shaped in trachea
  - Irregular plates
- Cilia
- Goblet cells



Anderson 1998 (Courtesy of Dan Luchtel)

## Airway Diameter vs Generation

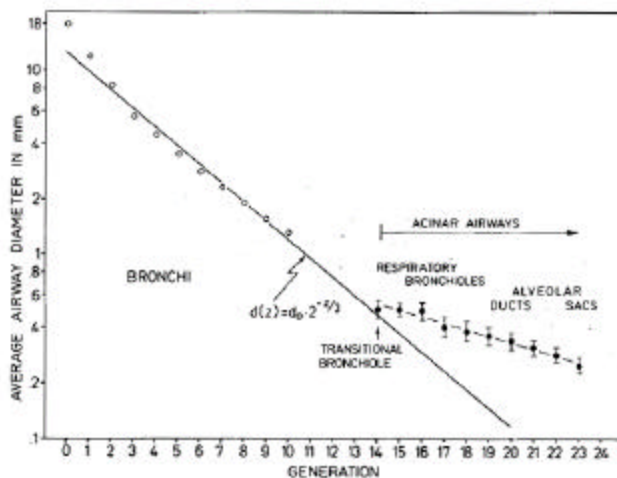


FIG. 6. Semilogarithmic plot of mean airway diameter versus generation. (From ref. 9.)

*The Lung: Scientific Foundations,*  
Weibel, 1991

## Airway Path: Weibel Model

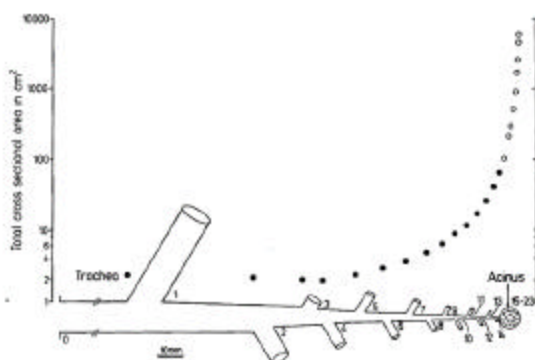
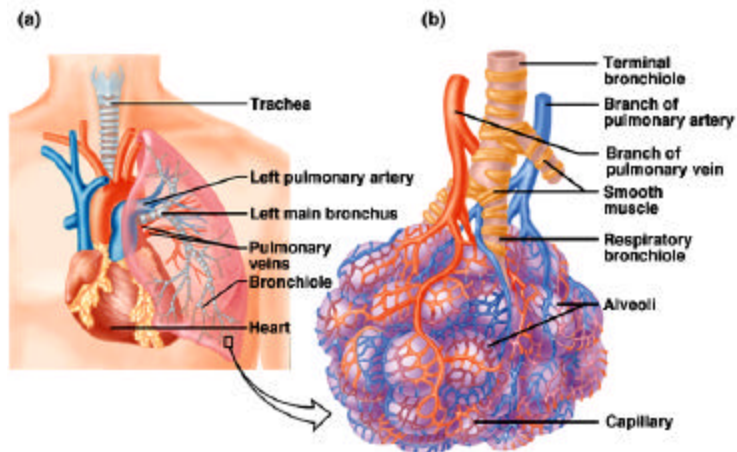


FIG. 7. Symmetric typical path model drawn to scale along abscissa, with increase of total airway cross-sectional area shown on logarithmic ordinate. Filled circles represent conducting airways, and unfilled circles represent acinar airways.

	CONDUCTING ZONE	Z
	TRACHEA	0
		1
	BR	2
	BL	3
		4
	TR	5
		6-23
TRANSIT. + RESP. Z.	RBL	17
		18
		19
	AD	T-3 20
		T-2 21
		T-1 22
	AS	T 23

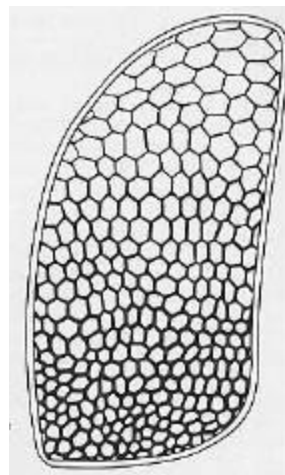
*The Lung: Scientific Foundations,*  
Weibel, 1991

## Respiratory Unit



## Static Lung Volumes

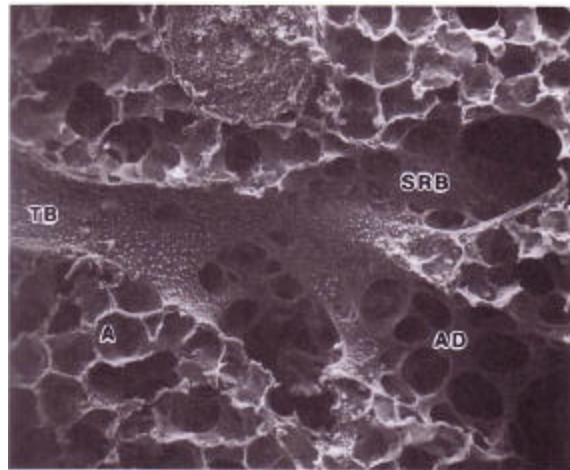
- Lung is easily extensible
- Alveoli in non-dependent regions tend to be larger than in dependent regions
- Lung is tethered



From Levitzky, Fig 5-5



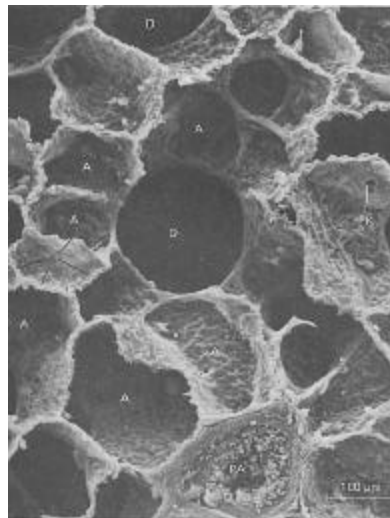
## Respiratory Zone



Hlastala & Berger, Fig. 1-4

## Airspace Microstructure

- Alveoli
- Alveolar ducts
- Pores of Kohn
- Liquid lining layer

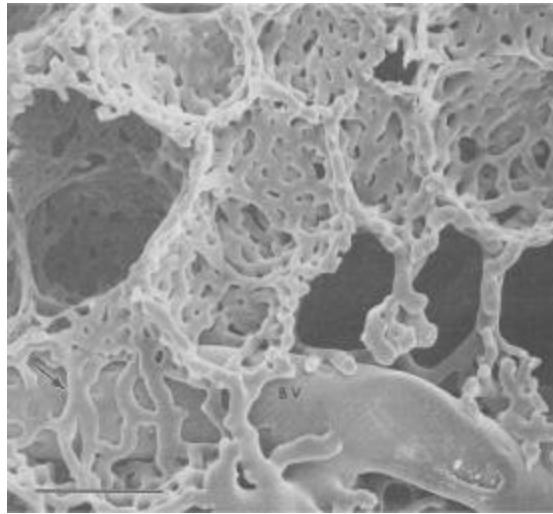


Levitzky, Fig 1-2



## Pulmonary Microcirculation Network

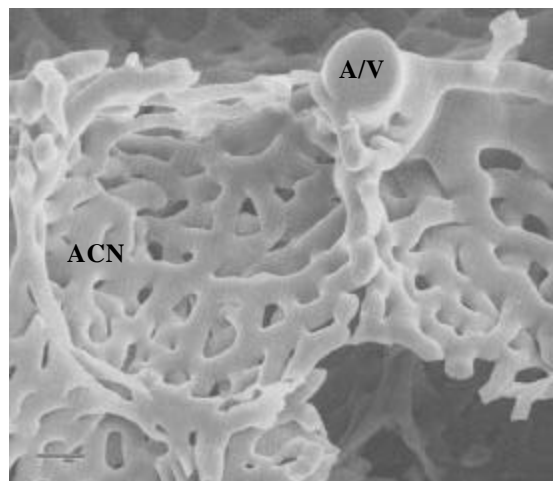
- Pulmonary capillaries encapsulate alveoli



Guntheroth et al. J. Appl. Physiol, 1982

## Alveolar Capillary Network

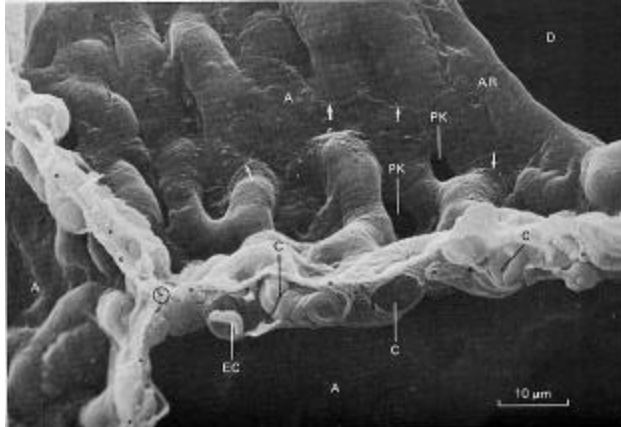
- Forms continuous sheet of blood



Guntheroth et al. J. Appl. Physiol, 1982

## Cross-section of Microcirculation

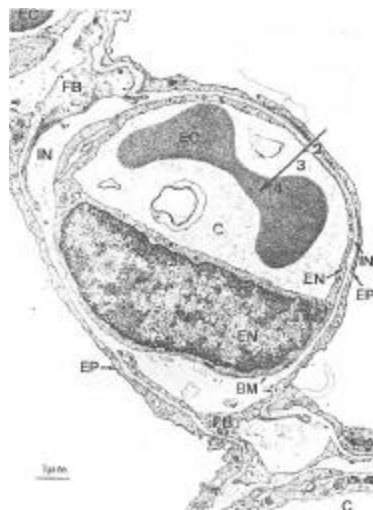
- Capillaries surround alveoli
- Sheet flow of blood



Levitzky, Fig 1-3

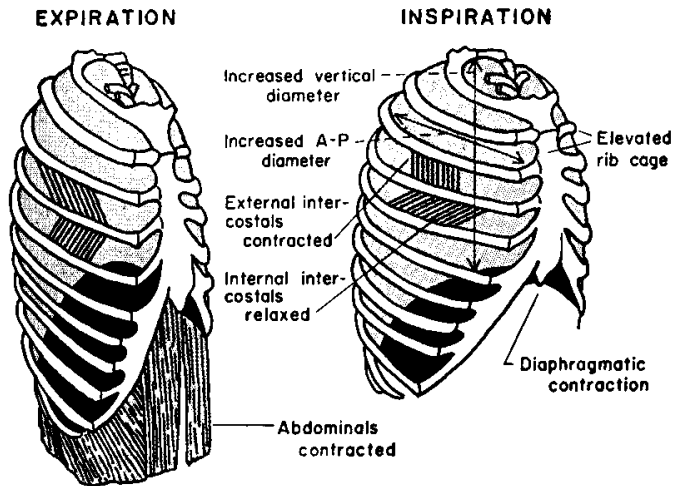
## Diffusion Barrier

- Capillary cross-section
- Diffusion barrier  
–  $\sim 0.2-0.5 \mu\text{m}$



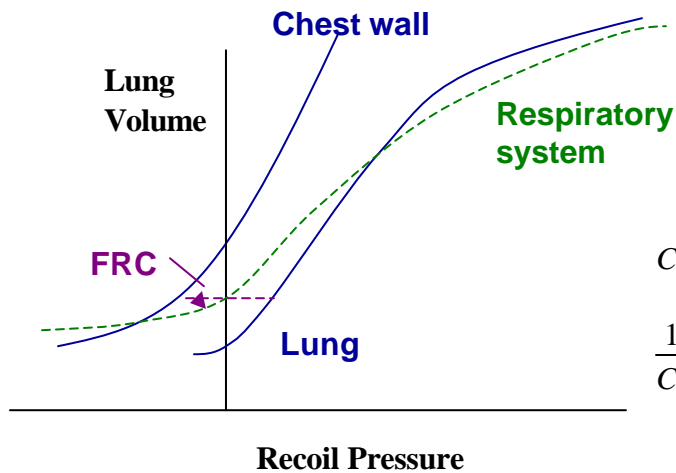
Levitzky, Fig 1-4

## Rib Cage, Diaphragm and Lung

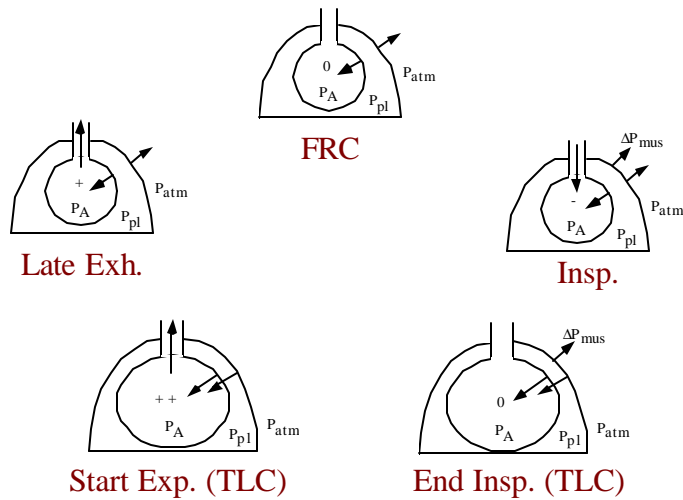


*Textbook of Medical Physiology, Guyton, 4<sup>th</sup> Ed., 1971*

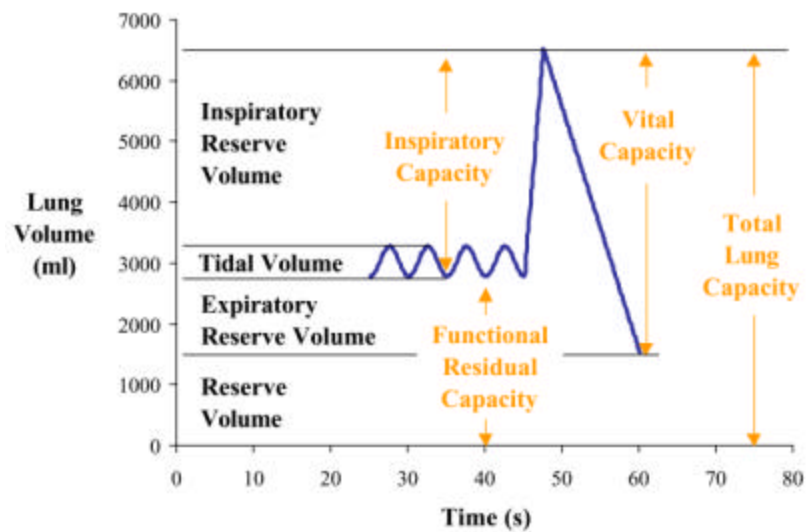
## Lung and Chest Wall



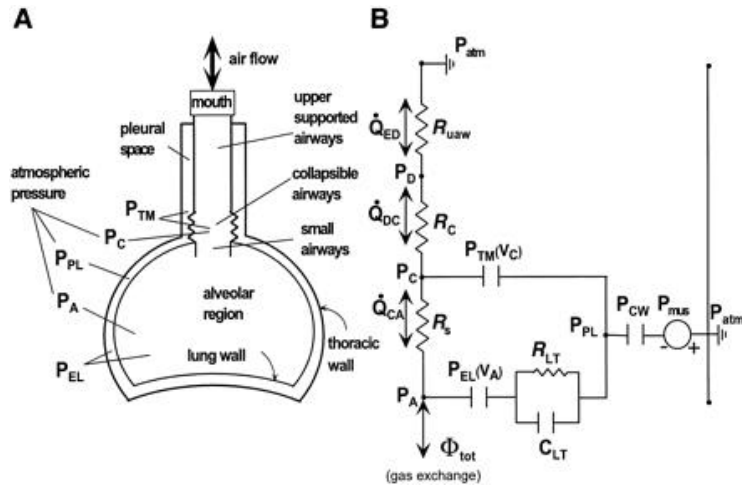
## Relative Pressures of the Breathing Cycle



## Lung Volumes

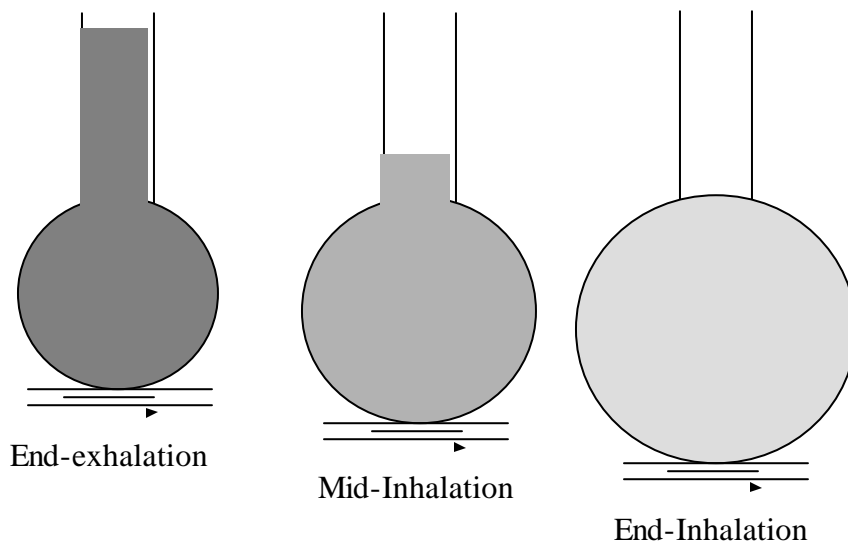


## A Lumped Parameter Analogue



Lu, APJ Heart, 2001

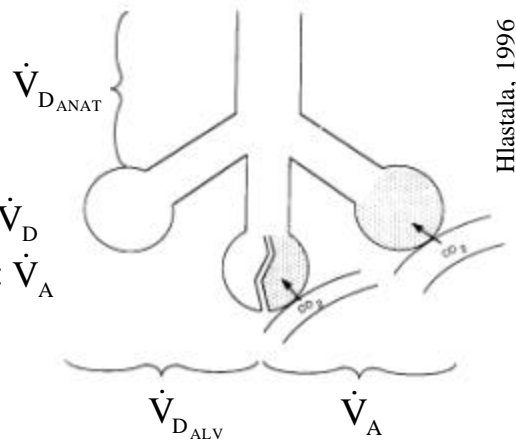
## Airways and Ventilation



## Dead Space

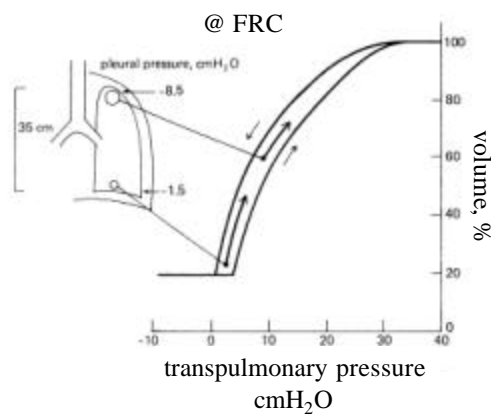
- Dead space:  $V_D$
- Wasted Ventilation:  $\dot{V}_D$
- Alveolar Ventilation:  $\dot{V}_A$

$$V_{D_{physiol}} = V_{D_{anat}} + V_{D_{alv}}$$



## Ventilation Heterogeneity

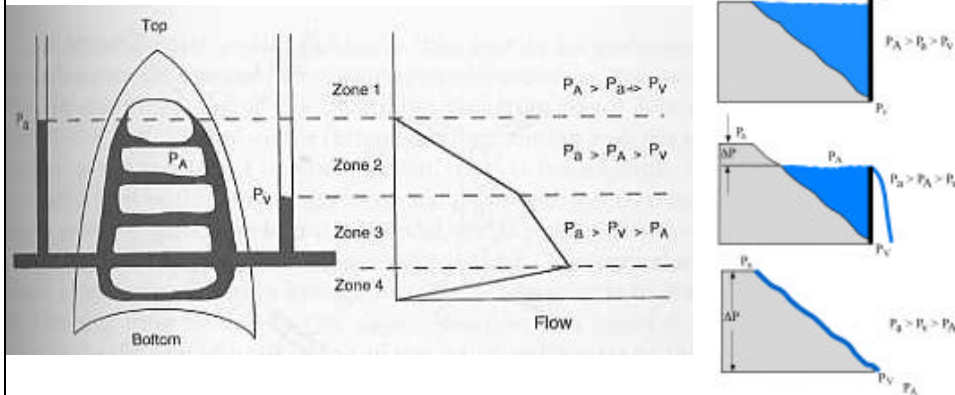
- Gradient in intrapleural pressure ( $\sim 0.2 \text{ cmH}_2\text{O}/\text{cm}$ )
- Larger transpulmonary pressures in non-dependent regions



Levitzky, 1991

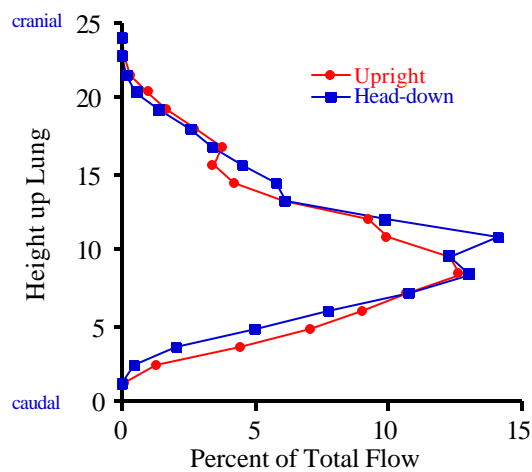
## Pulmonary Perfusion: Zone Model

Hlastala & Berger, 1996



Then, there is the other point of view...

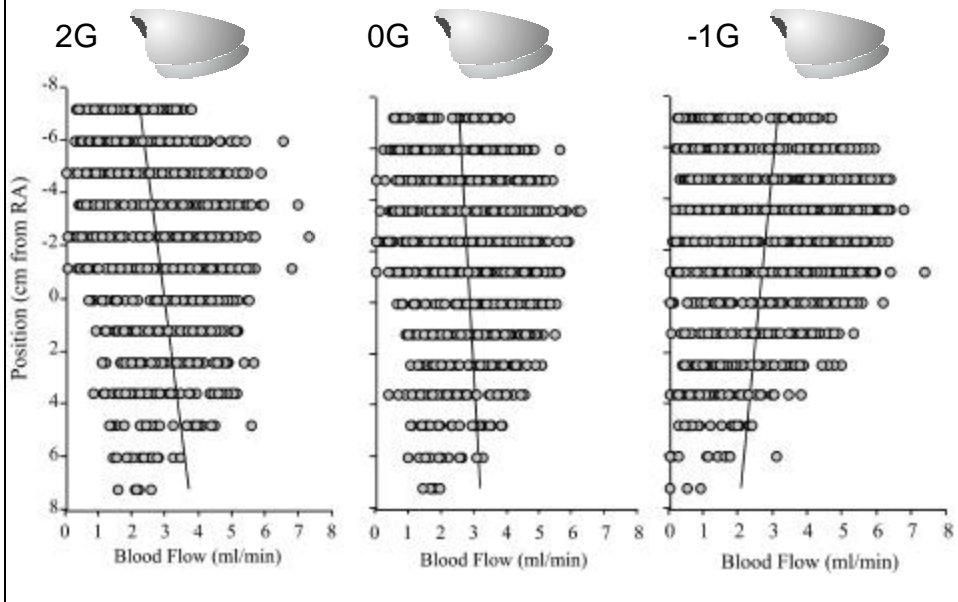
## Upright vs Head-down



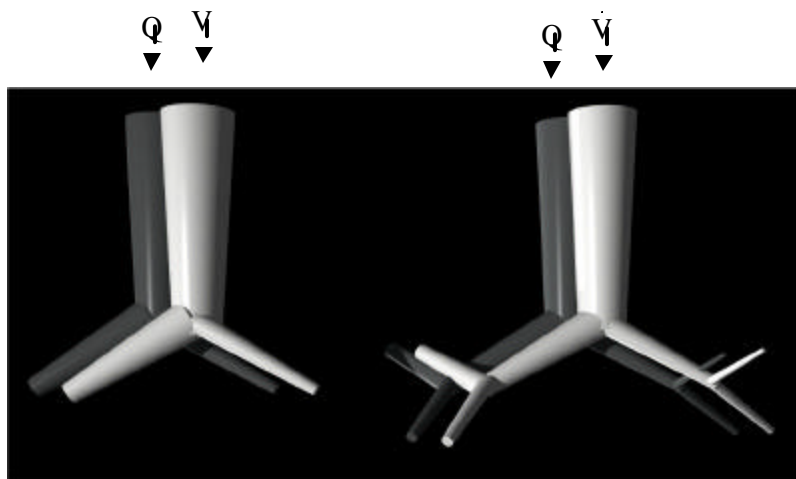
Data from Robb Glenny



## Gravity Effects

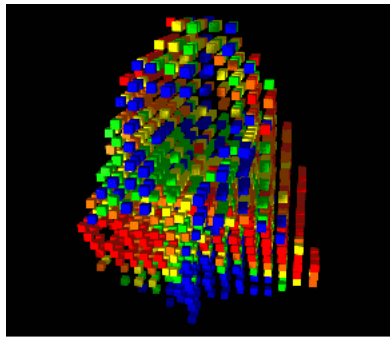


## Ventilation and perfusion

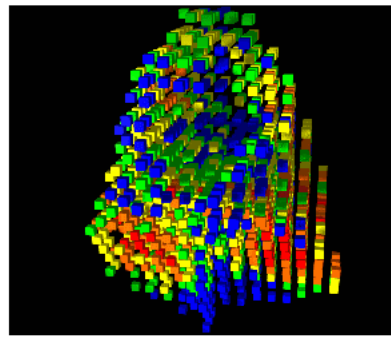


Courtesy of Dave Frazer

## Ventilation/perfusion matching



V



Q

Courtesy of Bill Altmeier

## Why Model the Lung?

Summarize findings

Simplify complex system

Predictions – inaccessible for measurement

Develop new research strategies

## Pulmonary Parameters

Respiratory Rate	12-15 per min
Tidal Volume	500 ml
Dead space volume	150-200
Compliance	200 ml/cmH <sub>2</sub> O
Cardiac Output	100 ml/s
O <sub>2</sub> -blood sol. (P>150)	1.18E-6 M/mmHg
O <sub>2</sub> -blood sol. (P~40)	2.35E-5 M/mmHg
CO <sub>2</sub> -blood solubility	3.1E-4 M/mmHg
Alveolar PO <sub>2</sub>	100 mmHg
Alveolar PCO <sub>2</sub>	40 mmHg

