



# DEMOCRATIZATION OF MODELING AND SIMULATION IN BIOMECHANICS

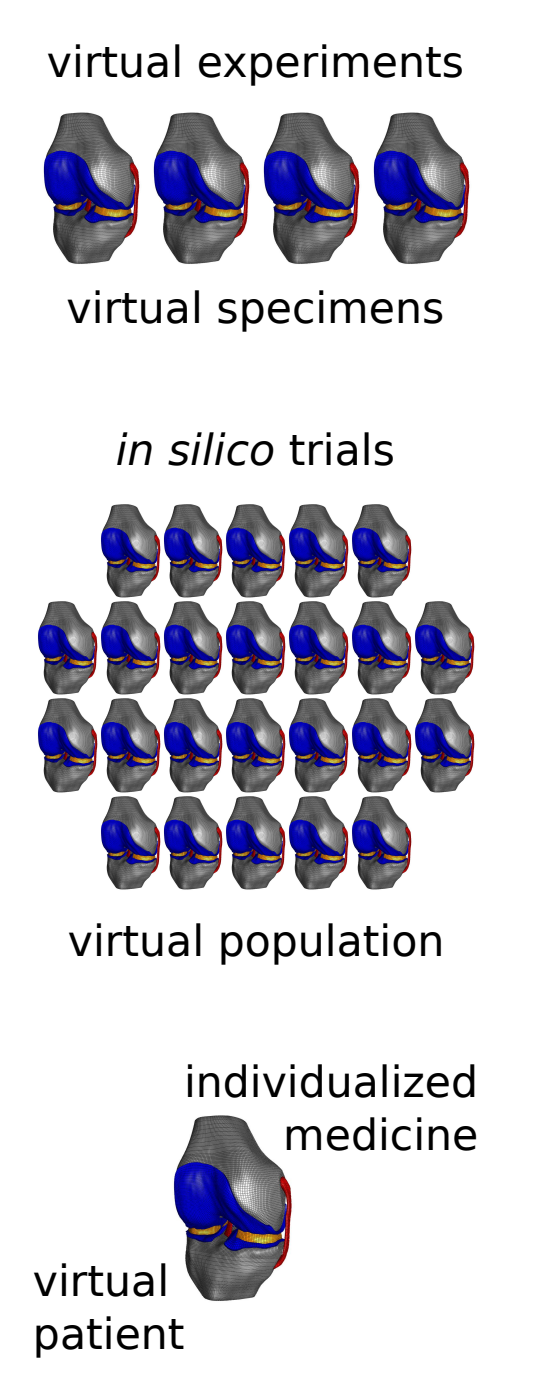
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## MOTIVATION

Modeling & simulation (M&S) has significant utility in:

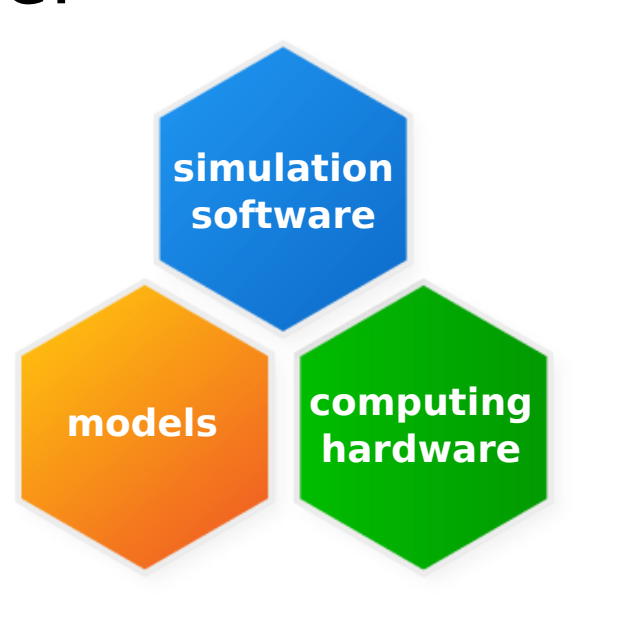
- scientific discovery
  - structure-function relationships in health & disease
  - mechanistic foundations of data associations
- engineering innovation
  - intervention design & evaluation
- clinical care
  - diagnosis/prognosis
  - intervention safety & performance
  - medical training
  - individualized medicine



- Computational models can reduce:
- physical prototyping
  - animal studies
  - human subjects testing
  - cadaver experiments

Utmost leverage of M&S will be possible by democratization of M&S enterprise:

- High performance computing hardware is accessible.
- Simulation software evolved dramatically for analysis of nonlinear biological structures.
- However, limited access to usable, comprehensible, and credible models with desired specificity and efficiency impedes progress.



Using biomechanics as the application domain, the goals of this study are:

- to recognize desirable properties for democratization of M&S
- to identify challenges to achieve the desirable properties
- to demonstrate strategies to tackle the challenges

Sample projects are:

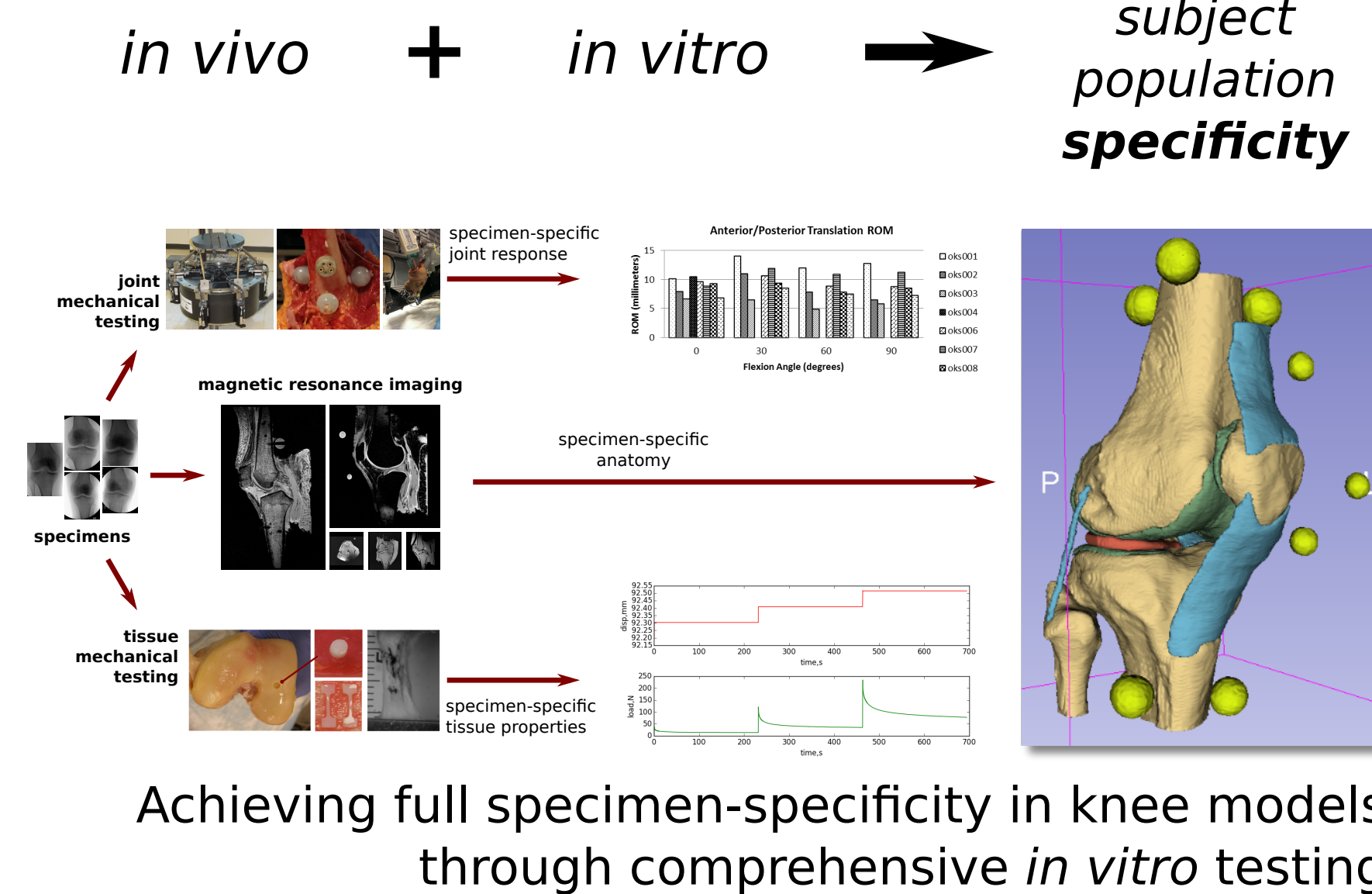
- to develop *in silico* biomechanical models of healthy and diseased knee joints of different genders and ages
- to provide knowledge, data and models for mechanics of multi-layer tissue structures of limbs

## SPECIFICITY

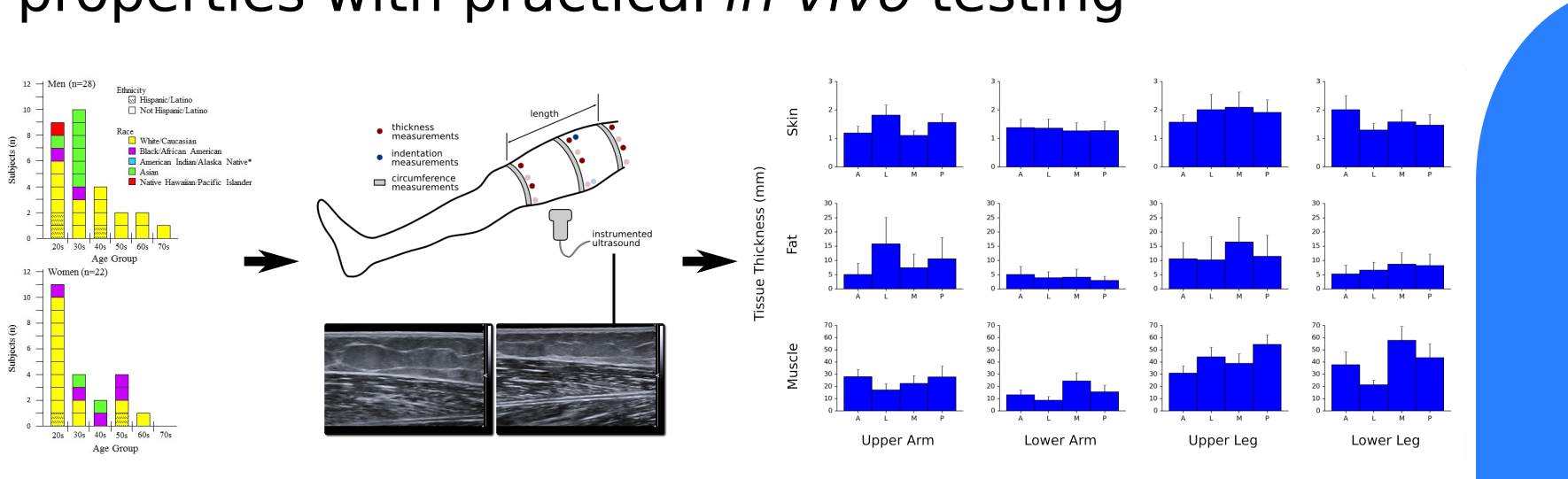
**Goal** To increase the quality of relating to a particular subject

**Challenges** lack of comprehensive specimen-specificity • limited availability of sample variations • logistics of data collection

**Strategies** *in vivo* + *in vitro* → specimen subject population specificity



Building a large database of multi-layer tissue properties with practical *in vivo* testing



**Goal** To increase the quality of being easy to use

**Challenges** model robustness • lack of tools for utilization • customization for reuse • translation to clinical practice

**Strategies** Demonstrations with clinically relevant use cases

Open Knee: Open Source Modeling and Simulation in Knee Biomechanics  
Ahmet Erdemir, PhD

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Cloud computing to evaluate models with ease  
femur-ACL-tibia model

Providing various formats  
FEBio  
Sofa  
Abaqus

## EFFICIENCY

**Goal** To increase the quality of achieving maximum productivity with minimum wasted effort

**Challenges** manual workflows • balancing cost and accuracy • heterogeneous formats • need for high-throughput analysis

**Strategies** automation

data analysis  
model development  
simulation  
post-processing

Python scripting for unsupervised mesh assembly, model generation, multi-format output with support for object replacement

```

<!--femur-->
<!--tibia-->
<!--ACL-->
<!--PCL-->
<!--cartilage-->
<!--MCL-->
  
```

# ACTIVITIES TO ACHIEVE DESIRABLE PROPERTIES FOR DEMOCRATIZATION

**Goal** To increase the quality of being easy to understand

**Challenges** consistency of terminology • specificity of information • correspondence of documentation to reproduction

**Strategies** Detailed and transparent documentation of specifications for experimentation and modeling

~80 reporting parameters  
model identification  
model/simulation structure  
verification & validation

## ACCESSIBILITY

**Goal** To increase the quality of being easy to obtain

**Challenges** heterogeneous data management • discoverability • completeness of information • tracking origin • licensing

**Strategies** Utilizing biomedical repositories for open development, and dissemination of raw and derivative data, models, and simulation results

Free and open source licensing to promote modification, reuse, and redistribution

Web-based interfaces for organization, tracking, and query of large databases

**Goal** To increase the quality of being trusted

**Challenges** lack of unified guidance • uncertainty of reproducibility potential • accountability throughout M&S lifecycle

**Strategies** Informing and learning from community initiatives

Data integrity is supported by activities related to **Accessibility**.

Uncertainty estimation, sensitivity analysis, and verification & validation are supported by activities related to **Specificity**.

Data reproducibility

Analysis reproducibility

Ten "Not So" Simple Rules by Committee on Credible Practice of M&S in Healthcare

- Define context clearly.
- Use appropriate data.
- Evaluate within context.
- List limitations explicitly.
- Use version control.
- Document adequately.
- Disseminate broadly.
- Get independent reviews.
- Test competing implementations.
- Conform to standards.

## GOALS

**Project Title:** Open Knee(s) - Virtual Biomechanical Representations of the Knee Joint  
**Project Funding:** NIGMS, NIH (R01GM104139; PI: Erdemir)  
**Project Website:** <https://simtk.org/projects/openknee>  
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## USABILITY

## COMPREHENSIBILITY

## CREDIBILITY

**Project Title:** Reference Models for Multi-Layer Tissue Structures  
**Project Funding:** USAMRMC, DoD (W81XWH-15-1-0232; PI: Erdemir)  
**Project Website:** <https://simtk.org/projects/multis>  
**Contact:** Ahmet Erdemir, erdemira@ccf.org  
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